THE POSIE OF Godly PRAYERS,

Fit for every Christian to use:

Containing only Prayers of Repentance, Remissions of Sins, and Thanksgiving; with an excellent Exhortation to forsake the world, and a perswasion not to fear Death.

Made and Collected by *Nicholas Themylthorpe* Esq, one of the Queens Majesties Gentlemen Sewers.

Now newly mended and enlarged by the same Author, and the fortieth time Imprinted.

Vigilate & Orate.

LONDON,
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To the moſt High and Mighty Princeſs *Anne*, Queen of *England*, *Scotland*, *France* and *Ireland*.

KNowing that Zealous Prayer and Supplication to God, is the Soul's effectual conference with God, moſt prevalent for the remiſſion of ſins; and the principal means, to reach and give from God to us all graces and benefits for our Souls and Bodies in this life temporal, and in the world to come Eternal; and becauſe I find no Prayer-Book compoſed onely of Prayer and Thankſgiving, therefore to avoid the trouble of reading many, the Number of keeping many, and moſt of all the burden of bearing many; I have collected

the beſt prayers for Repentance, remiſſion of ſins, and thanksgiving, and added new of mine own, which in moſt zealous humbleneſs; and dutiful obedience, I preſent unto your moſt Excellent Majeſty, beſeeching your Highneſs to accept this, as the great Monarch *Artaxerxes* did the poor Womans handfull of Water, wherein I ſhall account my ſelf moſt happy, and ever remain as I am.

Your moſt faithful and obedient Servant,

Nicholas Themylthorp,

To the Reader.

AS I have (gentle Reader) ſpent my former time in worldly matter, ſo I am deſirous to ſpend theſe latter dayes in godly and Chriſtian exerciſe; and being moved to begin with Prayers as the moſt principal exerciſe, and great means of mans ſalvation, I read over divers Prayer-books but I found none only of Prayer and Thanksgiving, but many other matters in them. And for that my ſelf, and ſome of my friends are deſirous to have one only book to bear about us, I have therefore ſet out ſuch an one as ſerves to that purpoſe.

The Children of God have ever from the beginning uſed Prayer *for the ſupply of their Corporal and Spiritual neceſſities, and have ever graciouſly obtained their* Petitions, *as well for themſelves as others*: Hagar *by* Prayer *had drink*

for her Son; Anna *by Prayer obtained a Son*, Isaac *a Wife*, Jacob *defence*, Moses, David, Jehosaphat, Ezekias, Macabeus, *and divers others obtained Victory: The* Ninivites, *deliverance from destruction: at the Prayer of* Joshua *the Sun stood still: so stayed the Sun three hours in the dayes of* Henry *the fifth, till the Earl of* Ormond *in* Ireland *with his small company overcame* Omor, Ashur, *and others with their terrible Armies. At the Prayer of* Alexander, *the* Caspian *mountains closed and inclosed the* Jews, *and the Sea* Pamphylicon *divided it self to him and his Army, at their passage against* Darius. Clenches, *first Emperour of the* Tartars *conquered all the kingdoms to mount* Belian, *and then a Knight on a white Horse came to him, and bid him conquer beyond that mountain*; Clenches *said he could pass no further for the Sea, then the Knight bid him pray to God Almighty, & he would shew him*

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a way. So Clenches *prayed in the Mountain, and as he was in his Prayer, he saw the Sea divide it self; there he and his Army passed through on dry ground; he then conquered* Cathes, *and all the bordering Countries. At the Prayer of the Christians, and a poor* Cobler, *a Mountain in* Mosul *removed from one place to another, whereby the Christians avoided the cruel sentence of the unbelieving* Calipho: *By Prayers Iron hath swom, the dead have risen, & all other wonders effected; and of all Gods gracious gifts it is one of the chiefest. Also God commands us to call upon him, as when he saith, ask and you shall have; watch and pray, pray continually; The Lord is nigh to them that call upon him, yea unto all such as call upon him faithfully. Pray earnestly to God for forgiveness of sins, with full purpose of amendment.*

There are four sorts of men do pray: some pray for others & not for them-

ſelves, are too proud and careleſs: ſome pray for themſelves, and not for others, theſe are too uncharitable: Some neither pray for themſelves, nor for others, theſe are too bad and unchriſtian: ſome pray for others and themſelves, theſe are the beſt and godlieſt.

In prayer obſerve theſe five things: firſt, that you direct your mind to God: next, that we are commanded to pray: 3ly, the promiſe that he will hear us when we pray, then that we muſt pray in faith: laſtly, to believe to obtain the thing we pray for: let us alwayes pray, not with lip-labour, but with hearty affection in ſpirit, faith & truth, firſt give thanks, then pray for remiſſion of ſins faith, and all ſpiritual things: Laſtly, for corporal bleſſings, & things belonging to it: pray for things eterternal, ſpiritual, corporal, things preſent and to come, for thy ſoul and body, and to be crowned with everlaſting glory.

The

The POSIE of Godly Prayers.

At thy up-rising say.

I Rise, and enter into this day to glorifie God, and walk in my Vocation, in the Name of the Father, Son, and Holy Ghost, Amen.

Then Pray thus.

A Prayer for the Morning.

O Gracious Lord, and most merciful Father, which hast from the beginning of my age hitherto delivered me from all perils and dangers both of soul and body, for which I most heartily thank thee; and yet because I feel in my self so many

faults and imperfections, such readiness to evil, and slackness to do good; I quake and tremble for fear of thy wrath and sharp judgement: but for that I know thou commandest me by Prayer to crave of thee all things necessary for Soul and Body, and hast promised graciously to hear my lamentable suit, and mercifully to grant me my needful request and petitions) and I know thou canst and wilt perform them; therefore for Jesus Christ his sake, and in his blessed and holy Name, and for thy Mercy and Truths sake; I humbly beseech thy Fatherly goodness, to grant me all things for this Body and transitory Life, as shall be most agreeable to thy godly will, and pleasure: and humbly beseech thee, that I may alwayes pray in charity, use thy gracious gifts and benefits in Charity, and lead my whole life and conversation

tion in charity, that I may daily through the assistance of thy Holy Spirit, mortifie all my carnal lusts and filthy affections; prosper me and mine in all our honest affairs, increase thy good gifts in me, and confirm and establish me in thy Grace, that I may go forward in all goodness: And with an humble and contrite heart, and with a sorrowful and repentant Spirit I sue unto thee, most merciful Father, beseeching thee for mercy and forgiveness of all my offences, which in this night past, or at any time heretofore I have committed against thy good will and pleasure, by trespassing against thy Godly Majesty, in thought, consent, word, or deed; And I most heartily thank thee that thou hast preserved me this night past, and all the days of my life hitherto, from all death danger, and other mischief,

and

and I beſeech thee, bleſſed Father, that thou wilt vouchſafe this day, and ever hereafter to have a merciful eye unto me; ſupport and ſuſtain me, bear me up, and ſave me that I fall not into danger, nor break thy Commandments; give me grace to walk warily among the ſnares of my mortal enemies, the Devil, the World, and the Fleſh, and in all things to be prudent, and dilligent, to conſider before what I ſhall ſpeak or do, that my whole thoughts, words and works may be to thy honour, laud and glory, to the edifying of my ſoul in vertue, and to the profit of my Brethren, through the gracious Mediation of Jeſus Chriſt my Lord and only Saviour, Amen.

Another Prayer for the Morning.

O Merciful Lord God, I render moſt high laud, praiſe, and

and thanks be unto thee, for that thou haſt preſerved and kept me both this night, and all the dayes and time of my life hitherto under thy moſt mighty protection, and haſt ſuffered me to live until this preſent hour, I moſt humbly beſeech thee that thou wilt vouchſafe to receive me this day, and the reſidue of my whole life, into thy tuition, ruling and governing me with thy holy Spirit, that all manner of darkneſs, miſ-belief, infidelity, carnal luſts, and affections, may be utterly chaſed and driven out of my heart, and grant me a right and perfect faith, that I may be juſtified, and ſaved both ſoul and body, and let me walk in the light of thy moſt godly truth, to thy glory and praiſe, to my comfort, and my neighbours furtherance through Jeſus Chriſt my Lord and Saviour, Amen.

A Prayer for the Morning.

O Eternal God, and Heavenly Father, seeing that by thy great mercy I have quietly passed this night, grant, I beseech thee, that I may bestow this day, and the residue of my life wholly in thy service, so that all my thoughts, words, and works may redound to the glory of thy holy Name, and good example of my brethren: as it hath pleased thee, to make the Sun to shine upon the earth to give us bodily light, so vouchsafe to illuminate my understanding with the brightness of the Holy Spirit, to direct me in the way of righteousness, so that whatsoever I shall do, my special care and purpose may be to walk in thy fear, and to serve and honour thee, and that I may take nothing in hand, which shall not be agreeable to thy most blessed

will,

will, and that I may in ſuch ſort travel for my body and this preſent life, that I may ever have a regard to the Heavenly life, which thou haſt promiſed to thy children: and that it may pleaſe thee to preſerve and defend me, both in body and ſoul, to ſtrengthen me againſt all temptations of the Devil, to keep me from all ſins, and deliver me from all perils, and dangers whatſoever; and furthermore, I beſeech thee to receive me this day, and the reſidue of my whole life, into thy holy protection, continuing and increaſing in me daily thy grace and good gifts: and vouchſafe (moſt merciful Father) to forgive and forget all my ſins, which I have heretofore at any time committed againſt thee, and for thy infinite mercies ſake pardon and forgive the ſame: for which, and for all things elſe which I any way ſtand in need of, I make

my

my humble petition unto thee, in the Name of thy Son, the Lord and Saviour Jesus Christ in such sort as he hath taught me, saying,
Our Father which art, &c.

¶ *Another Prayer for the Morning.*

ALmighty and most gracious God, I heartily thank thee for the sweet sleep and comfortable rest which thou hast given me this night past; and for that thou hast commanded by thy Holy Word, that no man should be idle, but alwayes occupied with good and vertuous exercises, every man according to his calling: I most humbly beseech thee, that mine eyes may attend upon thee, daily defend me, cherish, comfort and govern me and all my counsels studies and labours in such wise that I may spend and bestow this day, & the residue of my whole life

according to thy bleſſed will and pleaſure, ſetting thee alwayes before mine eyes, living in thy fear, and working that that may be found acceptable in thy ſight, hating wrong, and loving juſtice. Alſo I beſeech thee moſt merciful God, to ſtrengthen and keep me in the faith of thy Catholick Church, and kindle in me the love and light of thy holy ſpirit, that I may walk Godly and vertuouſly in this life, die in the truth of thy word, and live with thee in everlaſting glory: Grant this moſt merciful God for thy dear Son Jeſus Chriſt his ſake, Amen.

Another Prayer for the Morning.

I Humbly and heartily thank thee, O Heavenly Father, through thy dearly beloved Son Jeſus Chriſt, that by thy innumerable benefits hitherto poured upon my ſoul and body, thou haſt kept me this

this night past, and all the dayes and time of my life hitherto, from all evils Spiritual and Corporal: wherefore I beseech thee to be merciful unto me, to give me grace to repent and amend my sinful life, that I may live henceforth, not as I will but as thou wilt: and as of thy goodness thou hast given me time to repent and live godly, so of the same thy goodness in Christ Jesus, I humbly beseech thee to give me thy gracious gift of true, holy, perfect, and perpetual repentance, that I may more and more lament my former sinful life, trusting faithfully in thy rich mercies through the merits of Jesus Christ, for the pardon of all my sins, and that I may unfeignedly purpose, and effectually labour to amend my life, and that all my thoughts, words and deeds may be to the praise of thy holy name, and good example of others: and for as much

much as thou knoweſt my Ignorance, weakneſs, and unableneſs to carry any croſs or affliction, I beſeech thee ſweet Father, ſo govern me, and order all things towards me, that I be never further afflicted, proved, or tempted, than thou wilt make me able to bear, and ſo aſſiſt and help me in the ſame as may be to thy glory and my ſalvation, through Jeſus Chriſt my Lord and Saviour, Amen.

A Prayer in the morning by a ſinner, acknowledging his ſins, and asking forgiveneſs for the ſame.

ALmighty, merciful, and moſt loving Father, whoſe love is infinite, whoſe mercy endureth for ever: I ſinful creature, truſting in thy unſpeakable goodneſs and love towards me, do appear this morning before thy divine Majeſty, moſt humbly confeſſing my great and manifold ſins and offences, that I have committed a-

gainſt

gainſt thee, and the innumerable tranſgreſſions of thy moſt godly Commandements and Fatherly will. Againſt thee, O Father, againſt thee only have I ſinned. I acknowledge my offences, I accuſe my ſelf, O Lord, I cannot hide my unrighteouſneſs from thee: I find in my ſelf nothing but diſobedience, doubtfulneſs of thy goodneſs, incredulity, hatred of ſpiritual things, confidence in my ſelf, and fervent luſting after carnal things; therefore I humbly beſeech thy Fatherly goodneſs for thy Son Chriſt his ſake (whom thou haſt ſent for a purchaſer of mercy for me through faith in his blood) take away my hard heart, make me a clean heart, and give me a true and lively faith: have mercy upon me, O Lord my Saviour; forgive me my ſins, O Lord, forgive me my ſins, for thy Sons ſake O God and merciful

Lord

Lord, certifie my conſcience of the remiſſion and forgiveneſs of my ſins by thy Holy Spirit, by whoſe operations mortifie in me the old man and body of ſin, that I may die unto ſin, and walk in newneſs of life, to the glory of thy holy Name, through Jeſus Chriſt my Lord and Saviour, Amen.

A Prayer for the Evening.

I Thank thee, O heavenly Father, by thy dearly beloved Son, Jeſus Chriſt, my Lord and Saviour, that of thy free mercy thou haſt preſerved me this day from all hurts and dangers: vouchſafe alſo I moſt humbly beſeech thee, to keep me this night, and ever hereafter to ſave me from all my enemies, both bodily and ghoſtly: give my body quietneſs and ſleep; but let my mind and ſoul continually watch unto thee, think on thee, and thy holy

ly Law, that when the chearful light of the day shall appear, I being whole in body and soul, may joyfully rise again, and be thankful unto thee, and diligently walk in my vocation, to my comfort, and the glory of thy blessed name, through Jesus Christ my Lord and Saviour, Amen.

A Prayer for the Evening.

O Most gracious Lord, and merciful Father, I thy most unworthy child and sinful creature, with humble heart prostrate my self before thy divine Majesty, most humbly beseeching thee for mercy and forgiveness of my sins and iniquities, that I have this day or at any time since I was born committed against thee: I am heartily sorry that I have many ways transgressed against thee, and do ask mercy and forgiveness for the same. And with my whole heart

heart I heartily thank thee that of thy great goodneſs, mercy, and grace, thou haſt hitherto moſt ſafely preſerved me. And I beſeech thee moſt merciful Father, be no more angry with me, nor forſake me; but continually aſſiſt, comfort, and ſtrengthen me againſt all the aſſaults of the Devil, and be my ſuccour and defence this night, and unto my lives end, that I never offend thy divine Majeſty, or commit any ſins, or iniquity; and vouchſafe of thy abundant bountifulneſs, to refreſh my weak body with convenient reſt, that I may to morrow with all dilligence, the more readily ſerve thee, in that eſtate wherein thou haſt ſet me, that all my actions may ſo pleaſe thee, and by thy aſſiſtance be governed, that after this vain and tranſitory life, I may attain the life everlaſting, through Jeſus Chriſt our Lord and Saviour, Amen.

A Prayer for the Evening, and forgiveneſs of ſins.

I Yield thee moſt humble and hearty thanks (O heavenly Father) for all thy graces and benefits that I have at all times heretofore received at thy bountiful hand from the beginning of my life to this preſent hour, and for the great benefit of my Election before the foundation of the world, for my Creation, Redemption, Juſtification and Sanctification in Chriſt Jeſus, for ſparing me ſo long, and giving me ſo large a time of Repentance, delivering me from all perils, bodily and ghoſtly, for drawing me out of darkneſs, and bringing me to the light of thy Word, for defending me from all dangers paſt, and protecting me until this preſent hour: And I moſt humbly beſeech thee of thy goodneſs, O Lord, that it may pleaſe thee to

to take care and charge of me this night, and all the dayes and times of my life hereafter, not to suffer me to sleep and slumber in sin and ungodliness, but that I may be alwayes watchful and careful for the coming of my Lord and Saviour Jesus Christ, that whensoever he shall come he may find me prepared to receive him, and that I may hear, and enjoy that comfortable sentence, *Come ye blessed of my Father inherit the Kingdom prepared for you*: to the which, Lord Jesus Christ, I beseech thee to bring me who hast so dearly bought me; to whom with the Father and the Holy Ghost, be all honour, power, praise, glory, and dominion, both now and for evermore: Amen.

Another prayer for the Evening.

MOst merciful God and tender Father, which beside

thy most inestimable mercies, given and bestowed upon me, in making me, in redeeming me by the death of thy dear Son Jesus Christ, in calling me to the knowledge of thy blessed word, in keeping me in thy holy Church, and in thy most gracious governing me, and all things hitherto, for my wealth and commodity, which hast also most Fatherly cared for me, and hitherto kept me from all dangers both of soul and body, giving me health, food, apparel, and all other things necessary for the comfort and succour of this poor and miserable life, which many others want: for these and all other thy good gifts, and gracious benefits, which of thy only goodness; and Fatherly providence, thou hitherto hast, and now dost pour upon me, I most humbly thank thee, and praise thy Holy Name, beseeching the to forgive, hide, and bury

all my ſins, which at any time heretofore I have committed againſt thy holy Commandements: and, I beſeech the, to grant me the guard of thy good Angels, to keep me this night, and evermore; and grant, good Father, that when I ſhall ſleep in death, and my body may reſt temporally, my ſoul live with thee eternally, to thy glory, and my joy, through Jeſus Chriſt my Lord, Amen.

A prayer for the Evening.

O Eternal God, and moſt merciful Father, who this day and all the time of my life hither. to, haſt graciouſly defended, nouriſhed, and preſerved my ſoul and body: and of thy loving kindneſs, haſt moſt fatherly provided for me, a poor ſinner; not only in giving me, a right portion of thy creatures, but alſo in that

plentiful redemption, which thy most dear Son, Jesus Christ, hath purchased for me: grant unto me, O merciful Father, the assistance of thy grace and Holy Spirit, that though my body take the natural rest, yet my Soul and mind may behold thy goodness toward me, be joyful in thee, and receive such Inward pleasure and Heavenly sweetness in thy love, that whatsoever I shall henceforth think, speak, or do, it may be all to the honour of thy Holy Name. And let thy mighty hand and outstretched arm, O Lord, be still my defence; thy mercy and loving kindness in Jesus Christ, thy dear Son, my salvation; thy true and holy word my instruction, thy grace and Holy Spirit my comfort and consolation, unto the end, and in the end, through Jesus Christ my Lord and only Saviour, Amen.

When

When you go to bed, ſay, I lay me down to reſt in the Name of the Father, the Son, and the Holy Ghoſt.

Then pray thus.

O Merciful Lord God and heavenly Father, whether I ſleep, or wake, or live, or die, I am alwaies thine; wherefore I humbly beſeech thee, that thou wilt vouchſafe to take care and charge of me this night, and at all times hereafter, and not to ſuffer me to periſh in the works of darkneſs, but to kindle the light of thy Spirit in my heart, that thy godly knowledge may daily increaſe in me through a right and pure faith, and that I may alwaies walk and live after thy good will and pleaſure, through Jeſus Chriſt my Lord and Saviour, Amen.

A Prayer before we ſettle our ſelves to our devotion.

O Moſt gracious God, give me leave to preſent my ſelf before thy Divine Majeſty, to pour out my unworthy prayers unto thee: in the multitude of thy mercies, O Lord, I come to make manifeſt my neceſſities (as a poor and needy wretch) unto a God of infinite glory: I come as a worm to my Soveraign Maker: I come as a hainous offender to a juſt and ſevere Judge: thou, O God, promiſeth that whoſoever asketh ſhall receive, whoſo ſeeketh ſhall finde; grant me therefore grace to pray unto thee, as my duty, and thy deſert requireth: grant me a pure intention, a fervent devotion, that with humble heart, firm hope, and perfect charity, I may effectually pray unto thee, and ask of thee that which thou ſeeſt moſt for thy glory, and my good.

good. O merciful Lord, help me to pray worthily that thou mayeſt graciouſly grant my petitions: defend my weak heart from ghoſtly aſſaults, and ſo fix my mind upon thee, that I be not carried away from conſideration of thy preſence: grant me attentively to apply my thoughts, and to be wholly raviſhed and poſſeſſed with zeal and true devotion. Grant me to ask forgiveneſs with deep contrition, and full purpoſe of amendment, afford, O Lord, ſuch comforts to my ſoul as thou ſeeſt fit for me, and by the aſſiſtance of thy ſpirit, inſpire thy good motions into me, that I may feel them forcibly, except them thankfully, and fulfill them effectually; and that I may devoutly pray unto thee with true repentance, appeaſe thee, and for ever duifully ſerve thee; through Jeſus Chriſt my Saviour, Amen.

ALmighty God and heavenly Father, I confeſs and acknowledge that I am a miſerable and a wretched ſinner, and have many wayes moſt grievouſly tranſgreſſed thy moſt godly commandements, through wicked thoughts, ungodly luſts, ſinful words and deeds, in my whole life. In ſin was I born and conceived, and there is no goodneſs in me, that without thy mercy I ſhould periſh for ever; ſo little help, comfort, ſuccour, is there either in me, or in any other creature: only this is my comfort, (O heavenly Father) that thou didſt give thy dearly beloved Son to the moſt vile, bitter, and ſlanderous death of the Croſs for me, that he might ſo pay the ranſome for my ſins, ſatisfie thy judgements, ſtill and pacifie thy wrath, reconcile me again unto thee

thee, and so purchase me thy grace favour, and everlasting life: wherefore through the merit of his most bitter death and passion, and through his innocent blood-shedding, I beseech thee, O Heavenly Father, that thou wilt vouchsafe to be gracious and merciful unto me and forgive and pardon me all my sins, to enlighten my heart with thy Holy Spirit, to renew, confirm, and strengthen me with aright and perfect Faith and to enflame me in love toward thee, and my neighbour: that I may henceforth walk as it becometh me, in thy most godly Commandements, and so glorifie, and praise thee everlastingly: grant me further, O Father, that I may have a quiet heart, and conscience, and that I may in all temptations, afflictions, necessities, and in the very pangs of death, trust faithfully in thee,

and in thy mercies. And for that thou haſt commanded me to pray unto thee, I humbly beſeech thee for all things needful for me, and pray unto thee, as thy Son himſelf hath taught me, ſaying, *Our Father, &c:*

A prayer of thanksgiving, remiſſion of ſins, neceſſity in this life, and life everlaſting.

O God of *Abraham*, *Iſaac*, and *Jacob*, thou God of pity and of mercy, have mercy upon me a wretched ſinner, and forgive me (I moſt humbly beſeech thee) all my ſins and offences that I have ever committed againſt thee: blot out all my miſdeeds, renew a right-heart, and create, O God, a new ſpirit within me: I thank thee, O heavenly Father, for all thy bleſſings and benefits which thou haſt beſtowed upon me; continue, multiply, and increaſe thy good bleſſings upon

upon me: ſtretch out thy hands of bounty over me, and with thy eyes of mercy look upon me, ſend me (O Lord) a ſufficient living, make me beneficial to all and not chargeable unto any; bleſs me, good Lord, and give me grace to live godly, and virtuouſly, and reign with thee everlaſtingly: deliver me from all troubles, diſcontents and worldly calamities; take me, O Lord, into thy own tuition; bleſs, proſper, and protect all my proceedings, let whatſoever I take in hand be good, and let that come to an happy and ſucceſſive end: let me have a care not to do any thing that ſhould offend thee, but let my whole deſire be to do thoſe things that may pleaſe thee: ſend, O Lord, thy Angel from Heaven to govern me, and to deliver me (as he did thy ſervant *Tobias*) from all danger

ſend,

ſend, O Lord, thy grace from Heaven to guide me, and thy wiſdom from the higheſt Heavens to teach and direct me: let me not any more fall into ſin through frailty, but ſo bleſs me with thy bleſſings, that I may never offend thee, but that I may early and late, night and day, and at all times and ſeaſons give praiſe and thankes to thy heavenly Majeſty: that I may live in this world, to thy glory and my comfort, and reign with thee in everlaſting glory in the world to come. Hear, O Lord, theſe my prayers, and for thy moſt dear mercies ſake, and my ſweet Saviour Jeſus Chriſt his ſake grant my Petitions. To thee O God the Father, Son, and Holy Ghoſt, be all honour, dominion, power, and Glory, both now and for ever, world without end, Amen.

A Prayer for forgiveneſs of ſins, with a confeſſion of his Faith.

O Lord, God Almighty, and Father of my Saviour Jeſus Chriſt, I moſt earneſtly beſeech thee, for thy Fatherly goodneſs, and mercy, to pardon and forgive me all my ſins and offences, and through thy bountiful goodneſs and mercy, deliver me from all thoſe ſins and offences, which by my frailty or any way elſe, I ever committed againſt thee, for I confeſs and acknowledge, that I am a miſerable, and wretched ſinner, and have many wayes moſt grievouſly tranſgreſſed thy moſt Godly Will, and Commandements, through wicked thoughts, ungodly luſts, ſinful words and deeds in my whole life. In ſin was I born and conceived, and there is no goodneſs in me: therefore through the merits of the bitter death and paſſion

sion of thy beloved Son Jesus Christ my Saviour, and through his innocent blood shedding, I beseech thee O heavenly Father, that thou wilt vouchsafe to be gracious and merciful unto me, to forgive and pardon me all my sins and offences, to lighten my heart with thy holy Spirit, to renew, confirm, and strengthen me with a right and perfect Faith: inflame in me love toward thee, and my neighbour, that I may walk with a glad heart in thy commandements, and glorifie and praise thee everlastingly; and that I may with a clear conscience and quiet, and chearful heart, in all temptations, afflictions, or necessities, cry unto thee earnestly, and say, Lord have mercy upon me a sinner, &c.

A godly prayer for forgiveness of sin, and all things needful for soul and body.

O Omnipotent, Eternal, and Ever-living God, which hast made

made Heaven and Earth, the Sea, and all things contained in them, thou only maker of all things, preſerver and helper of them; with thy Son my Lord Jeſus Chriſt, and the holy Ghoſt: O moſt wiſe, merciful, good, ſtrong, and righteous Judge, which haſt ſaid, thou wilt not the death of a ſinner, but that he be converted and live: I thy poor creature, and work of thy hands, do acknowledge and confeſs my manifold ſins and offences, which from my youth until this time, in thought, word, and deed, I have moſt grievouſly committed againſt thee, and am moſt heartily ſorry for the ſame, deſiring thee for Jeſus Chriſt his ſake, to have mercy upon me, and accoring to thy great mercy, forgive me all my offences; O Lord, I confeſs and acknowledge that I was born in ſin, and conceived in wick-

wickedneſs, and in my fleſh dwelleth nothing that is good, and of my ſelf I am not able to think a good thought; much leſs to wiſh, and leaſt of all to do as I ought; therefore, O Lord, I call to thee for grace, who haſt promiſed to hear them that call upon thee: aſſiſt O God, and guide me with thy Holy Spirit, draw me unto thee, make me, O Lord, poor in Spirit, vile and low in my own ſight, give me thy grace that whenſoever I be drawn into any ſin and wickedneſs, either in thought, word, or deed, that I may feel my own infirmity and weakneſs, and that I may with ſpeedy repentance turn unto thee. Take from me my ſtony, blind, unbelieving, doubtful, unfaithful, and unthankful heart, my carnal, idle, ſecure, and impenitent heart, and give me a heart to fear thee, love thee, and truſt in thee, write thy law

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in my heart and mind: let me believe, truſt, and live in thee for ever, deliver me from the ſpirit of pride, vain-glory, haughtineſs of mind, preſumption, ſelf love, and truſt in my ſelf. Take from me, O Lord, the wicked ſpirit of ſuſpition, envy, jealouſie, grudging, whiſpering, or back-biting, keep me from wrath, malice, hatred, lying, evil words, contention, flattering, diſſimulation, hyprocriſie, blaſpheming, vain-ſwearing, lightneſs, idle words, and all unſtableneſs of heart: deliver me, O Lord, from all filthineſs both of the fleſh and ſpirit, from unclean thoughts, unlawful deſires, evil concupiſcence, and luſts of the body. Take from me covetouſneſs and care of riches, all deceit and guile, all idleneſs and ſloth, and give me not over to an unſhamefac't and obſtinate mind. Make me able to bear wrongs with

with patience, and not recompence evil for evil, Make me loath to give occasions of evil to any, and if I doe, make me willing to confess my fault, and amend it. Take from me O Lord, a careful heart of worldly things, and grant that neither poverty oppress me, nor riches lift me up to forget thee, but in prosperity make me thankful, and patient, and humble in adversity: Lord, make me merry without lightness, sad without mistrust, sober without dulness, true without doubleness, fearing thee without desperation, trusting in thee without presumption; give me, O Lord the spirit of humbleness, meekness, simplicity, gentleness, goodness, faithfulness and truth: grant me, O God, the bowels of mercy and loving kindness, to my brother long suffering, and patience to bear all things well that thou shalt lay upon me:

rege-

regenerate my heart with the ſpirit of grace continually; and grant me an inward feeling of thy favour and mercy toward me, in Jeſus Chriſt my Lord, that I may know thee to be my God and Father, and me thy child for ever: O Lord increaſe my Faith in thee, and in Jeſus Chriſt my Redeemer, confirm my hope in thy promiſe, make perfect my love towards thee, give me a true and unfained love to all vertue and godlineſs: increaſe in me, O Lord, ſtrength and victory againſt all temptations and aſſaults of the Devil, the Fleſh, the World, and the vanities thereof; give me grace to keep a good conſcience; give me a pure heart and mind, and renew a right ſpirit within me; give me the true underſtanding of thy holy word, that I never ſwerve from the truth thereof, and that my chief felicity may be in the ſame, and in hearing,

ing, reading, talking, watching praying, fasting, mortifying, and subduing my own will, and members. O gracious Lord Jesus Christ, Son of the living God, which wast crucifyed and raised again for me and all other, who sitteth on the right hand of the Father, and art appointed the only mediator for me unto God, have mercy upon me: Pray to thy heavenly Father for me, sanctifie me with thy Holy Ghost, as thou hast promised, and send the Spirit of truth to abide with me for ever, kindle my mind and heart with thy Holy Spirit, that I may truely believe in thee, acknowledge and call upon thee, give thanks unto thee and obey the: for I feel my self so charged with sin, and infirmities, that I know not what I do, but offer up my self wholly unto thy mercy, to be reformed according to thy good will and plea-

pleaſure, O eternal, moſt mighty, and everlaſting God, govern and keep me, enlighten me alwayes with thy Goſpel, Rule and confirm my heart with the Holy Spirit, and govern my ſtudy, pour on me thy Spirit of Grace and Prayer, make me, Lord, happy and diligent in the works of my vocation: take into thy cuſtody for ever, O ſweet Saviour, my Soul, Body, Life, and all that ever I have; be gracious unto me, O Father, ſuccour, and help me in all neceſſities, grant me all thy bleſſings, and thy Holy Spirit to ſanctifie and dwell in me for ever. And, O Lord, have mercy upon me, graft, plant, and ſow in my heart all virtues, and give me grace ſo to uſe them, and all other thy gracious gifts, as may be moſt to thy glory and praiſe, to my conſolation and comfort, and to the profit

fit of thy Church. Hear, O Lord my prayers, and forgive me all my ſins and wickedneſs that I have committed; and give me grace truly, to repent the ſame: grant unto me, O Lord, true contrition of heart, that I may vehemently deſpiſe my ſinful life paſt, and wholly be converted unto thee: I have ſinned, O Lord, I confeſs it, and I cannot deny it; but O my God, pardon my treſpaſſes, releaſe my debts, and forgive me all my ſins: ſtop my wounds, for I am plagued and beaten with ſins, and grant me grace with patience to attend thy Divine Majeſtie; increaſe in me, I moſt humbly beſeech thee, O moſt gracious, God, the gift of Faith, that I may truly beleive in thee, and thy promiſe made unto me: grant this, O father, for thy dear ſon Jeſus Chriſt my Lord and Saviour, Amen.

A Prayer wherein the ſinner accuſeth himſelf for falling into ſin and asketh forgiveneſs for the ſame.

DEar, tender, and moſt merciful Father, God Almighty great and dreadful, which art merciful to whom it pleaſeth thee for thou art the Father of mercy, and God of all grace, peace and comfort, which wilt not the death of a ſinner, I therefore earneſtly deſire thee, O Lord, to have mercy upon me, have mercy upon me, O Lord, according to thy great mercy, and according to the multitude of thy mercies, put away my ſins and offences: waſh me, O God, from my wickedneſs, and make me clean from my unrighteouſneſs. I acknowledge my ſins, and do accuſe my ſelf of my evil deeds, I confeſs my wickedneſs, and rebelling againſt thy Precepts. I have been a froward child, and

have

have offended and provoked thee, with all my vanities and sins, and have not exercised my self in thy Laws. I have turned back from thy wayes, and have done wickedly before thee. I have walked after my own thoughts and phantasies, and not as thou wouldst, but have run from sin to sin, following the desires of my heart, I have displeased thee by my inventions, and none of my sins be hidden from thee. I am not worthy to be called thy Son, woe I am that I have gone from thee, great is my grief, that I have led my life in sins: woe is me that I have forsaken thee, and lived after my own mind: but, O Lord, forgive me all my sins, do not forget me, nor keep thy mercy longer from me, hear me now, O Lord, graciously calling upon thee, and be merciful unto me, be no longer angry with me, nor cast away

a contrite and penitent ſinner, Turn thee again, O Lord God, and forgive me all my ſins and offences: hide not thy face from my prayers, but according to thy promiſes take me into thy favour, for I am one of thoſe, O Father, whom thy Son hath redeemed with his moſt precious blood; and therefore of thee, O Lord, I ask mercy, beſeeching thee to forgive me all my ſins, and to have mercy upon me, for thy dear Son Jeſus Chriſt his ſake, my only Lord and Saviour. Amen.

A Prayer of thanksgiving, and for Remiſſion of Sins.

GRant, O Lord, of thine unſpeakable mercy, that I may worthily praiſe and honour thee, that my mouth may ſpeak, my heart ſtudy, and my tongue ſing thy laud and praiſe; hear the ſacrifice of my lips and make it acceptable in thy ſight: my ſoul praiſe thou the

Lord, and all that is within me laud his holy Name. I will praise thee, O God, and magnifie thy name for ever and ever, for thou art good to all, and thy mercy exceedeth all thy works; my mouth shall give thee thanks, and extol thy holy Name. O praise the Lord thy God, my Maker, Redeemer, Nourisher, Defender, Strength, Joy, Victory, and Eternal Glory: I honour thee, I glorifie thee, I worship thee, I laud and praise thee, for that it pleased thee, to make me a reasonable man, and hast given me wisdom, understanding, and many other blessings, spiritual and corporal: thou hast visited my heart with many graces and holy motions: thou hast delivered me from many perils both of soul and body, and kept and preserved me from many sins whereinto I might have fallen; for those and all

ther thy good blessings, most abundantly bestowed upon me. I, a wretched sinner with all my heart most humbly laud, praise, and honour thee, O most merciful God I adore and give thee thanks, for thy unmeasurable clemency and infinite goodness, whereby thou dost most mercifully suffer me to live, pardonest me, and bestowest thy benefits upon me; let thy pity mollifie my hardness, thy burning charity melt my frozen heart, that I may be changed from a vessel of wrath unto a vessel of mercy; and so being freed from my sins I may be the more fervent in loving thee. Thou art good, and I evil; thou holy, I wretched; thou just, I unjust; thou light, I blind; thou life, I death; thou joy, I heavinesse; thou soveraign verity, I nothing but vanity. O Lord sanctifie me, help me, and save me, wash me, and make me

clean, ſuffer me not to be ſeparated from thee, but from the malignant enemy, for ever hereafter defend me, that I may come and ſing to thee praiſes eternally: grant me grace to come after thee, to imitate thee, that the fervour of my future devotion may recompence in me the follies of my former converſation; and make me pure and Holy, that I may earneſtly ſeek thee, who art the Fountain of eternal life; expel out of me whatſoever is evil or amiſs, or whatſoever diſpleaſeth thee, and deliver me, I moſt humbly beſeech thee, from all ſins, iniquities, troubles, and evils, wherewith I am incumbred; diſpoſe all my thoughts, words, and works as may be moſt agreable to thy moſt holy will and pleaſure; keep me ever, and every where, from all ſins, wickedneſs and offences; deliver me in this life

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from all evils, troubles, and dangers and after this life bring me to the moſt ſweet, pleaſant, and delightful joys of the life everlaſting, Amen.

A Prayer of a Sinner in troubles thinking long for help, and truſting in Gods mercies, deſireth help.

EVen unto the Throne of thy higheſt power, I acknowledge, O Lord, that I am a miſerable ſinner, beſeeching thee, O Lord God Almighty, of thy goodneſs to do with me according to thy great mercy, O Lord, I am abaſhed and aſhamed to lift up my eyes unto thee; for my ſins are aſcended up into thy ſight: againſt thee, O Father, againſt thee have I ſinned, and done evil before thee, thou ſeeſt my iniquity is great, I have been an offender againſt thee, even from my cradle, and ſince I ſucked my mothers breaſts I have not ceaſed to do evil. I was begotten in ſin, and brought into the world

in iniquity. I cannot shake off my sins and offences, but carry still with me the infamy of my youth: Behold, O Lord, I am sold under sin, and in my self I find not that which is good; for the good I would do, I do not, but the evil I would not do, I do; all the thoughts and imaginations of my heart have been evil ever since I was young: let me not die in my sins O Lord God; for thou wilt not the death of a sinner, but that he repent and live: thou art good and merciful, and according to thy great mercy, save me thy unworthy servant; thou hast shewed thy mercy on thousands, so have mercy upon me, O Lord God Omnipotent, have mercy upon me a miserable and wretched creature; my soul is troubled, therefore O Lord, heal me, look upon me, and deliver me: how long wilt thou reject my prayers

how

how long wilt thou turn thy face away from me? thy hand is not weakned, O Lord, but it may help, and thy ears are not ſtopped, therefore, O Lord, hear me; how long, O God, ſhall my mind be troubled with painful and heavy thoughts? How long ſhall ſorrow torment my ſoul? How long ſhall my enemies triumph over me? look towards me, O God, hear my prayers, give light unto my eyes, and let me not ſleep in death, nor let my ſins prevail againſt me. Turn again, O Lord, turn again, and deliver my Soul, and ſave me for thy mercies ſake, O Lord, rebuke me not in thy anger, nor puniſh me in thy great diſpleaſure, caſt not thy darts at me, nor lay thy heavy hand upon me; let me no longer bear thy anger, nor drink of the cup of thy diſpleaſure. I have no health for fear of my offences, I have no

rest nor peace when I behold my sins: my iniquities are gone over my head, and like a heavy burthen they daily press me down: thou, O Lord, knowest my desires, and seest my necessity: forgive me all my sins, O Lord God Almighty, for thy own sake, and for thy Sons sake, put out of thy sight my hainous offences; for thou hast promised forgiveness of sins to them that repent them of the same; have mercy on me, O good Father have mercy on me, and for thy glorious Name be no longer angry with me, but forgive me all my sins, and take me a penitent sinner to thy mercy, for the love of our only Saviour Jesus Christ, whom thou hast sent to obtain mercy for my sins, through faith in his blood, who liveth and reigneth now and for ever Amen.

A Prayer for a sinner, rejoycing for the benefits received at Gods hand, and asking still his help and forgiveness of his sins

I Do rejoyce in thee, O Lord, which tookest upon thee, in thy body, my infirmities, and so bearest my pains; thou wast made weak for my sins, and wounded for my offences, and by thy strokes were my wounds healed; I went astray like a lost sheep, and followed my own ways, thou, O Lord, through thy love and mercy hast redeemed me that was lost; and by thy blood shed on the Cross, hast paid my ransome, thou didst die for my offences, and by thy precious blood hast taken away my sins: turn the eyes of mercy, O Lord God, and look upon me the work of thy hands, and heal the infirmities of me thy weak creature; keep me from all evil wayes, and teach me by thy

Holy Spirit to chooſe the way of truth. I beſeech thee (O King of Holineſs) by my redeemer Chriſt keep me in the right way, and unite me unto him in Spirit, make me to go perfectly in thy paths, and to hate all wicked ways, waſh my heart from malice, and cleanſe me from my ſecret ſins ; cleanſe me, O Holy Father, with the blood of thy well-beloved Son from all my ſins, and deliver me from all my iniquities: purifie my heart by thy holy Spirit, from all filthineſs of ſin and evil concupiſcence. O God Almighty be merciful unto me a ſinner and for thy glorious Names ſake remember my ſins no longer; make me, O God, to return from my evil ways, and wicked thoughts, remember not the ſins and offences of my youth, but according to thy mercy be mindful of me, for thy goodneſs ſake: O Lord, my hope is in thee,

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my ſoul truſteth in thee, my ſoul looketh for thee, thou art merciful, and with thee is plenteous redemption: therefore have mercy upon me according to the multitude of thy mercies, for thou art full of pity and mercy: turn not therefore thy face from me, have mercy upon me, O Lord God my Saviour, pardon, and forgive me my ſins for thy Names ſake. O righteous Father, look not upon the multitude of my ſins, but look on the Face of thy Son Jeſus, which bare my ſins in his body on the Croſs, turn thy face therefore away from my ſins, and put out all my iniquities, and make me a clean heart within me: caſt me not away from thy preſence, and take not thy holy Spirit from me; but help and comfort me ſtabliſh me with thy mighty Spirit: mollifie my heart that I may walk in thy ways, and not in the

ways of errour; help me and forsake me not, O Lord my God, for thy Son Jesus Christ his sake. Amen.

A Prayer wherein a sinner asketh forgiveness of his sins; and desireth the true armour to be defended against the enemies of his soul, and confesseth God to be his Saviour.

EVerlasting God, and most merciful Father, I most humbly beseech thee, for thy Son Christ his sake hear my prayers, and forgive me all my sins, and from henceforth give me thy Holy Angel to conduct and strengthen me with thy vertue, to understand the evil device of the world, and the appetites of the sinful flesh; arm me with thy armour, the grace of thy holy and mighty vertue; write in my heart thy Holy Word, Laws, and Commandments: put upon me the

the breaſt-plate of righteouſneſs, direct my life and converſation according to the Goſpel of peace; give unto me the ſhield of faith to fight againſt ſin, and deſperation; the helmet of health unto my ſalvation, through the merits of thy dearly beloved Son Jeſus Chriſt; for whoſe ſake I poor ſinner, moſt humbly beſeech thee that thou wilt vouchſafe to pour upon me thy Holy Spirit, to work in my heart, mind, and Soul, that I may always do thy will and pleaſure, and walk in this world to thy honour; thou, O Lord, haſt made me, and given thy Son to die for my ſins; O father for his ſake have mercy upon me, O Lord Jeſus, which haſt bought me with thy precious blood, receive me, and have mercy upon me, and be my merciful Mediator to thy Father that my ſoul may be ſaved. O Holy

Ghoſt

Ghoſt, co-equal with the Father, and the Son, have mercy upon me; O Lord God, moſt loving and merciful Father, I acknowledge my ſelf unto thee, a wretched ſinner, yea, ſuch a ſinner as hath need of grace, mercy, and favour, for in thy ſight there is no man righteous; thou, O Chriſt, art the bleſſing of God, by whom all the Nations of the world are bleſſed and made rich: thou deliveredſt me and thy people from Hell and Damnation, thou art a ſhield unto me, and unto all them that truſt in thee, thou forgiveſt all treſpaſſes, and healeſt all infirmities; thou defendeſt me and thy people, and bleſſeſt us. Thou, O Chriſt, art my ſaving health, and ſanctifier; with thee is mercy and plenteous redemption; yea, thou art the true God and Saviour: all ſouls are thine; thou redeemeſt me, I have no other Saviour but thee

thee, I will turn unto thee, O Lord, turn unto me. I will ask mercy of the Father in thy Name, and I truſt I ſhall receive it, that my joys may be perfect: I believe in thee, therefore ſhall I be ſaved: thou art the Way, the Truth and the Life; without thee none can come to the Father. Thou cam'ſt into the world to ſave me, and all that were loſt; therefore I believe in thee, and hope in thee, that thou wilt raiſe me up to everlaſting life: I believe that thou wilt ſave me; have mercy on me therefore, and forgive me my ſins, O Lord, thou who liveſt and reigneſt now and for ever, world without end, Amen.

A Sinner deſireth forgiveneſs of his ſin, and a right and true Faith.

O Lord, Maker of Heaven and Earth, I confeſs my ſelf from the very bottom of my heart, that I am a miſerable, wretched, and abominable

abominable ſinner, and have wickedly tranſgreſſed thy godly Commandements: the ſins alas that I have committed, are as innumerable as the ſands of the Sea-ſhore, they bear me down as an intollerable burthen, in theſe ſins, O Lord God, have I walked unto this day, according to the deſires of the world, and the evil luſts of the fleſh; but whatſoever I have in this behalf offended thy moſt Godly Majeſty, it ſore repenteth me, and the fault grieveth me to the very bottom of my heart; ſave me therefore O Lord, for thy great mercies ſake; for unto thee, O God of my comfort, I wretched ſinner do come, craving of thee thy mercy: encline therefore thine ears unto my calling, O Lord, and conſider the requeſt of my heart: and grant unto me, O Lord, thy ſervant, the ſtrength of thy Holy Spirit to ſubdue

due the body of ſin with the luſt thereof, that I may be obedient both in will and mind unto thy laws; for no man can help me, but thou, O Lord, who haſt brought my ſoul out of Hell, and haſt holden me from falling into deſtruction: put away from me, O Lord, that which is evil, for thou art holy, and ſave thy ſervant which ever truſteth in thee. I will acknowledge I have all my ſtrength of thee; for thou art my hope, my portion, my God, and my Saviour. Have mercy therefore upon me, O Lord, and according to thy great mercy do away my offences: look on me with the eyes of mercy, ſprinkle me with the ſweet Hyſop of grace, cleanſe me from my ſin; waſh me, and I ſhall be whiter than ſnow; quench the deſire of ſin in me, open my lips, that my mouth may ſet forth the praiſe of thy holy Name. O

Chriſt

Christ, Son of God, have mercy upon me: O Holy Ghost give me a new heart, and a right spirit to laud and praise thee: turn me wholly unto thee, O Lord, and take my sins away from me: O Lamb of God heal me, and I shall be whole: save me, and I shall be saved: for thou, O Christ, art my hope, thou hast taken upon thee my diseases, and wast wounded for my offences, and wilt, I trust, pardon me all my sins; there is no Salvation but in thee, nor no other name wherein I must be saved, but by thee, O Christ; through thee I have redemption, and remission of my sins; thou hast made satisfaction for me: thou diedst for me, and for my sins; and wast buried, and rose again, and ascendedst up into Heaven, and sittest on the right hand of God in the glory of the Father: thou art my Advocate, and obtainest mercy

for

for my ſins; thou art Holy, which was, is, and is to come. I believe that thou ſhalt come to be my Judge, therefore, I beſeech thee, O Lord, let not my ſins loſe me whom thou haſt bought with thy precious blood; but have mercy upon me, O Lord God Holy Ghoſt, have mercy upon me, and work thy Divine Grace in me, that I may be ſaved through my Lord Jeſus Chriſt; ſave me, O Lord; for I believe that I ſhall ſee the pleaſures of thee in the land of the living: grant me, O Lord, a right and true faith: forgive me all my ſins, and make me daily more and more to walk in a new way, and upright life, that I may utterly deſpiſe all worldly things, that I may be content, pure of living, temperate, good, righteous, diligent in all goodneſs, meek, merciful, modeſt, humble, and ready to forgive all that offend me; and

live all the daies of my life, according to thy Divine Will, and true fear; that I may die in the world to all sin, and to my self; and with a good confidence and a merry heart look for the coming of thee, O Lord, my Saviour Jesus Christ, to whom with thee, and the Holy Ghost, be all honour, and glory for ever. Amen,

A Prayer for a sinner desiring God to pour his grace upon him, who doth faithfully believe that God will freely forgive him his sins.

HOnour and praise be given to thee, O Lord God, for seeing whereof I stand in need, and so blessing me with thy manifold blessings; I crave thy mercy and grace to be my guide whereseever I go: receive, O Jesus, my soul and body into thy hands; for thou hast bought me with thy precious blood. O Lord save me for thy mercies sake, and be my defender

defender all the dayes of my life Thou art the gift of the Father to save sinners, I beseech thee, O sweet Jesus, save and deliver me, from all evils, bodily and ghostly now and for ever, that I may praise and worship thee in this life, and in the world to come: against thee, O Lord, against thee have I sinned. I confess that all my life time I have been a sinner and have grievously offended thee, I have gone astray like a lost sheep, and have been an unprofitable servant, and there is no goodness in me: But I confess my sins O Lord, unto thee; and do earnestly repent that ever I offended thee, being so loving a Father, and so gentle a Lord: and I cry with *David* and say, have mercy upon me, O Lord, according to thy mercies, and according to the multitude of thy mercies do away mine offences: wash me thorowly

ly from my wickedneſs, and cleanſe me from my ſins; for I acknowledge my faults, and my ſins are ever before me. I cry with the loſt ſon, O Father, I have ſinned againſt Heaven, and againſt thee, and am no more worthy to be called thy *Son*; I cry with the Publican, and ſay, O Lord, be merciful unto me a ſinner; I cry with the blind, Jeſus, *Son of David*, have mercy upon me; and I faithfully believe that thou wilt freely and mercifully forgive me all my ſins, be they never ſo many or grievous, if I faithfully ask it for them: for by faith, I am made of the Child of wrath the Son of God: by faith, I am married unto Chriſt, by faith, my heart is purified, Satan overcome, and the world vanquiſhed; by faith, I am preſerved from damnation, juſtified and made righteous: by faith, the wrath of God is aſſwaged

ged, and I work thy will; O God, by faith, my prayers are heard, and requeſt granted; by faith, I pleaſe thee, O God, and am made the Child of Light; by faith, I am born anew, and made the Temple of the Holy Ghoſt; by faith, I prevail againſt the gates of Hell, and am made the heir of thee, O God, and fellow-heir with my Lord and Saviour Jeſus Chriſt, of thy everlaſting glory: faith is richer than all treaſures, ſtronger than all corporal power, and more healthful than all Phyſitians, grant me therefore, O Lord, a true faith, and let me cleave to the merciful and comfortable promiſes of thee, O God, ſo ſhall I be ſure to have remiſſion and forgiveneſs of all my ſins. I believe in thee O Lord, help thou my unbelief: increaſe this my faith in me I moſt humbly beſeech thee, for Jeſus Chriſt his

his ſake merciful to behold me a moſt miſerable ſinner, and clearly to forgive me all thoſe ſins and wickedneſſes which I have committed againſt thee from my birth until this preſent time: forgive me, O Lord, all my ſins, for thy Names ſake, though they be great and many: remember not the ſins and offences of my youth, nor my former ſins, but according to thy mercy think upon me, O Lord, for thy goodneſs ſake, and have mercy upon me, and that right ſoon: help me, O God of my ſalvation; O deliver me, and be merciful unto me a ſinner, for the glory of thy Names ſake: So ſhall I give thee thanks for ever, and magnifie thy bleſſed Name, world without end Amen.

A very godly Prayer with many Petitions.

O Lord pour down thy heavenly grace and Fatherly favour

favour upon me, that I, being assured of thy favourable goodness towards me, may rejoyce and glory in thee; vouchsafe, O sweet Father, to send thy Holy Spirit unto me, which may make me a new creature; put away from me all fleshly lusts, fill my heart with new Affections and spiritual Motions; and through his Godly inspiration renew me both in body and soul, that I may die unto sin, and live unto thee in newness of life, serving thee in Holiness and Righteousness all the dayes of my Life. O send thy wisdom out of thy Holy Heavens, and from the Throne of thy Majesty, that she may be with me, and teach me thy will, and what is acceptable in thy sight; conduct me rightly in thy works, and preserve me in thy power; remove from me, O Heavenly Father, my lewd, stubborn and unfaithfull heart, and create in

me a clean and Godly heart: cleanse me from all wicked thoughts: breath into my heart, through thy Holy Spirit, Godly and Spiritual motions, that I may bring forth good works to the praise, and glory of thy Holy Name; grant me, O Lord, a quiet mind, and a contented conscience, free from the damnable, accusations of Satan, from the crafty perswasions of the world, from the subtile enticements of the flesh: Give unto me the precious gift of Faith, give me Christian love and perfect charity, that I may love thee, my Lord and God, with all my heart, with all my mind, soul and strength: Let me love my neighbours as my self: give me grace patiently to suffer my enemies, to forgive and pray for them. Take from me all pride and haughtiness of mind: grant in me true humility, give me grace

to be merciful and liberal to all that have need; Preſerve my ſoul from all vice, and my body from ſickneſs: make me able with ſtrong faith to reſiſt Satan: with fervent prayer to mortifie the luſts of the fleſh; with Meditation of thy Holy Law to avoid the vanities and pleaſures of this wicked world; ſuffer me not to be overcome of Satan nor his Servants, but grant me a ſtrong Faith to overcome them: Send thy Heavenly Angels to pitch their Tents about me, and deliver me from their Tyrannies. Makes me of the number, O LORD, whom thou haſt ordained to be ſaved: place me among thy ſheep, write me in thy book of life: grant me theſe petitions, and whatſoever elſe is needful for me, O moſt merciful Father, for thy dear Son Jeſus Chriſt his ſake, to whom with thee, and the Holy Ghoſt, be all

honour and glory, world without end, *Amen.*

A Prayer for Grace, and Remission of Sins.

O Almighty God, and Father of our Lord Jesus Christ, the God of all comfort and consolation, have mercy upon me, hear my prayers, I most humbly beseech thee for thy dear Son Jesus Christ his sake, for his merits, and the cruel death he suffered, to deliver me from Eternal Death; send into my heart the Spirit of Truth, to work in me a true, stedfast, and lively Faith, that the Brightness and Clearness of the Gospel may shine in me, and lighten my mind, that I may understand the unspeakable riches of my Redemption in and by Christ; open the eyes of my mind that I may know what the Hope is whereunto thou hast called me, and how rich the glory of thine

Inheritance

inheritance is: that by true Faith I may be an unfeigned Professor of thy Holy Name, and worship thee in Spirit and Truth. Write in my heart the love of thy Law, and hate to all sin; be mercifull unto me, I heartily beseech thee, most mercifull Father, for thy Christ his sake, and for his Deaths sake, thy Mercy, Truths and Promise sake; have mercy upon me, pardon and forgive me all my sins, iniquities, and offences whatsoever I have committed against thee, in thought, word, or deed, at any time heretofore by any meanes. Though I be poor, my Christ is rich: though I be a sinner, he is righteous: though I be impure, yet he is pure and Holy: for his sake therefore be mercifull unto me: wash me from my filth and wickedness, cleanse me from my evil, forgive me my sins, forget my iniquities, pour out thy Holy

Spirit upon me, write thy Law in my heart, grave it in my mind; give me the Spirit of Prayer; make me diligent and happy in the works of my vocation, take into thy cuſtody and governance for ever my Soul and my body, my life, and all that ever I have. Tempt me never further than thou wilt make me able to bear: and whatſoever thou knoweſt I have need of in ſoul or body, dear God, and gracious Father, vouchſafe to give me the ſame: and as thy child guide me, ſo that my life may pleaſe thee, and my death praiſe thee, through Jeſus Chriſt my Lord, For whoſe ſake I heartily pray thee to grant me theſe things thus asked; and all other things neceſſary for my Soul and Bodie: and grant unto me poor Creature, thy bleſſing, and Holie Spirit to ſanctifie me, and dwell in me as thy dear

Child

Child, to keep me this day and for ever from all ſins and evil, to thy eternal glory, and my everlaſting comfort, and the profit of thy Church, which mercifully maintain, cheriſh, and comfort: keep me in thy truth, pour upon me, O Lord, thy Holy Spirit of grace and wiſdom, to govern and lead my body and ſoul in thy Holy Word and Commandments: ſhew thy mercy upon me, and ſo lighten the natural blindneſs of my heart, that I may daily be renewed by thy Holy Spirit. Open my hard heart, and groſs ears, to read thy Word, hear thy heavenly voice, and believe and follow it in my life and converſation, and ever hold faſt that bleſſed hope of everlaſting life: mortifie and kill all vice in me, that my life may expreſs my faith in thee; mercifully hear the humble ſupplication of thy ſervant, and

grant me thy peace all my dayes, for Christ his sake be merciful unto me: cast all my sins out of thy sight, pardon my infirmities, and defend me in all dangers, both outwardly in my body, goods, and name, and inwardly in my soul, against all temptations, and subtle baits of Satan: grant that I may truly and Godlily serve thee; increase in me true Religion; replenish me with all goodness, and of thy great mercy keep me in the same unto the end; give unto me the Spirit of Prayer, true humility, perfect patience and continual joy in the Holy Ghost: and forasmuch as I must be at war with many enemies, grant me grace, and arm me with thy defence, that I may stand with an invincible constancy against all corruption wherewith I am compassed on all sides, until such a time as I having entred this combate, which during

during life I must sustain, I may in the end attain to thy heavenly rest which is prepared for me; through Jesus Christ my Lord and Saviour, *Amen.*

Another Prayer for remission of sins.

O Eternal God, behold me a poor and sinful creature, and a worm of earth, against thee, O holy father, against thee have I sinned: gracious God, cast not away a contrite and penitent heart, humbly calling upon thee; but turn thine eyes of mercy towards me: and forgive me the sins of my youth; cast me not away, neither take thy Holy spirit from me; but give me the comfort of thy help, and stablish me in the truth; keep me thy poor creature and destroy me not because of my iniquity, but be merciful unto me for thy Son Jesus Christ his sake, let not thy heavy hand of Justice

destroy me, neither leave me in my sins pitiful Father, even of thee which art the God of mercy, I wretched sinner do ask mercy and forgiveness of all my sins; therefore for the glory of thy Name deliver me from sin, and forgive me all my sins: for as thou art God, so art thou gracious and merciful, and wouldest that none should perish, but all should be saved, Spare me, O Lord, for thy Names sake, and forgive me all my sins, and put out of thy sight all my offences, give me a new heart, and take from me all wicked desires, that I may evermore live according to thy will; give unto my eyes good store of light, that I sleep not to death, and that my sins prevail not against me: work in me, O Holy Spirit, that I may ever desire and covet that which is most pleasant and acceptable in thy sight; and

that

that I have no desire to will, or not to will, but as thou wilt. O God, most Holy, Mighty, and merciful Saviour, be merciful unto me, and cast me not off in my age; forsake me not, nor shut not thy ears from my prayers; but be merciful unto me, and forgive me my sins. Most dear and blessed Saviour, comfort the soul of thy servant, for unto thee do I lift up my heart and mind: shew me thy mercy, and grant me thy salvation; early in the morning will I cry unto thee, for thou art good and gracious, and of great mercy to them that call upon thee: deliver me from among the wicked, that I may give thanks unto thy Holy Name; make me to understand thy truth; knit my heart unto thee, that I may fear thy Name: Turn thee unto me, and have mercy upon me, and give me thy help and succour; hearken

to,

to the prayer of thy servant, hide not thy face from me; but have mercy upon me: I will alwaies call upon thy Name; be thou present with me, and forsake me not; but in the day of Judgement, vouchsafe, O blessed King, to place me among thine elect and holy people, that I may behold the glorious countenance of thy divine Majesty, and be filled with the exceeding sweetness of thy blessed presence, which is life everlasting; grant this for thy mercies sake, *Amen.*

A Prayer for true repentance:

O Lord God, which art full of mercy and compassion, long-suffering, and of great goodness, which continuest thy mercy for thousands, taking away iniquity, sins, and offences: thou calleſt (after thy wonted mercy) by thy Word to repentance and hearty conversion, for unto all and every one is repentance

pentance and forgiveneſs of ſins preached in thy Name; I acknowledge the riches of thy lenity, patience, and long ſuffering, in that thou doeſt not ſuddenly take away ſinners from the earth, nor overthrow them in their wicked deeds doing: but giveſt them ſpace to repent, which is a moſt notable argument, that thou wilt not the death of a ſinner, but that he be converted and live; for thou art merciful over all, and forbeareſt the ſins of men for their amendment: thou loveſt all things that are, and hateſt nothing that thou haſt made; therefore unto thee, O moſt merciful God, do I cry, which knoweſt the hardneſs of my heart, and that I have no power of my ſelf to riſe up; convert me therefore, O Lord, and I ſhall be converted; O ſhew me my Offences, that ſtriking my thighs, I may be heartily ſorry for my ſins com-

committed; heal me, O Lord, and I ſhall be whole; ſave me, and I ſhall be ſaved, for thou art my praiſe; behold me a ſheep wandering, and ready to periſh: ſeek thy ſervant, O Lord, that I forget not thy Commandements. O Jeſus Chriſt, look upon me with the eyes of pity, as thou lookedſt on the ſinful woman in the banquet, which proſtrate at thy feet, did bitterly bewail her wickedneſs: favour me as thou didſt the Publican, who ſtanding afar off in the Temple, and ſtriking his Breaſt, ſaid, Lord be merciful to me a ſinner: grant that among the fears and terrours of conſcience, I may take hold of thee by a lively faith, which haſt redeemed me from the Curſe of the Law, and art made for me wiſdom, righteouſneſs, ſanctification, and redemption: keep me, O Lord, from deſperation; and let me flie to thee my Mediator; and

through

through faith have peace with God: reſtore in me the light of thy Law, that from my heart I may obey thee, my Redeemer, and walk in newneſs of life: thou which haſt ſuffered for me in the fleſh, give me grace, that likewiſe in the ſame mind I may be armed for the mortification of the fleſh; that I live not after the luſts of men, but after the will of God: I am ſorry that I have ſpent the time of my life that is paſt, in wantonneſs, in luſts, in exceſs of eating and drinking, and other ſins and wickedneſs: mollifie my heart, that I may carneſtly repent of all my former ſins and offences; and for thy moſt dear mercies ſake, O Lord, forgive me the ſame: keep the Devil under, that he trouble not my conſcience with reckoning up my ſins, or extenuating thy mercy; but grant me truly to come unto thee by hearty repentance

tance; and that I may at all times and at all places, lifting up pure hands, pray unto thee, and say, Lord forgive me all my sins and offences; and with deep sighing, and sure confidence, confidently, persist in making my prayers, supplications, intercessions, and giving of thanks for all thy temporal and heavenly benefits and blessings bestowed upon me. Hear O Lord, both now and evermore, all my Prayers, and grant my requests for Jesus Christ his sake, who liveth and reigneth with thee in the unity of the Holy Spirit, one God now and for evermore, Amen.

A Prayer for remission of sins.

O Merciful, God, if I wretched sinner, had not promises in the Holy Scriptures of thy tender mercies, for the comfort of my weak conscience and sorrowful heart, I should have no remedy (my sins are so great) but must despaire

ſpaire. But though my ſins were never ſo many and abominable, yet thy loving kindneſſes are more innumerable, and thy mercies more infinite; thou wilt not the death of a ſinner but that he turn and live: thou cameſt into the world to call ſinners, to ſave offenders, to ſeek that was loſt to eaſe thoſe that were loaden with ſin: O put my evil thoughts out of thy ſight; waſh me and make me clean, make me leave to do evil, and learn to do good, apply my ſelf to equity, aſſiſt the oppreſſed, help the fatherleſs, hear the widdowes, and let my ſcarlet ſins be made as white as ſnow, and my purple offences like pure white wool; caſt my miſdeeds behind thy back, and never more remember them: forgive me my ſins; bear my infirmities, ſave me from deſtruction, and crown me with mercy and loving kindneſs, deal not

with

with me according to my sins, nor reward me after my wickedness. Look how wide the East is from the West, so far hast thou set my sins from me; as a Father pitieth his own Children, even so art thou merciful to them that fear thee: thou knowest we are as glass, and as a flower of the field, which soon fadeth away, but thy merciful goodness endureth for ever.

O most gentle Saviour, thou art my loving Shepherd, which hast fought me running astray, laid me on thy merciful thoulders, and brought me home to the company of thy faithful; there is no whole part in my body, from the sole of my foot to the crown of the head, but all is wounds, sores, and stripes, which can never be bound up, mollified, and eased, except thou, O Lord, help me; O Lord, make clean my wounds, pour the wine and oyl of spiritual

gladness

gladneſs into them, bind them up, make them perfectly whole, and bring them into thy everlaſting habitation, heal me, and I ſhall be whole; ſave me, and I ſhall be ſaved: O Father, receive me home, imbrace me in thy arms, favour me, that have ungodly and lewdly beſtowed thy godly and vertuous gifts, which prodigal living greatly grieveth me, and I am moſt heartily ſorry that I have ſo hainouſly offended againſt thee. I moſt humbly beſeech thee to have mercy upon me, forgive me my ſins, and receive me into thy favour.

Take from me the rags of impiety, and cloath me with the Garment of Innocency, and put on me the ſhooes of peace, that I may walk in the ways of thy holy Commandements: give me grace unfainedly to repent and amend my life, that the Angels in Hea-

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ven may rejoyce at my coming; and wash me more and more from my sins, that I may be clean, and appear beautiful in thy glorious sight, and rest for ever in thy heavenly Mansion, *Amen.*

A Prayer for blessings and forgiveness of our sins.

O Heavenly Father, I beseech thee, give me grace to flee from all sin, drunkenness, and gluttony; as from beastly vices and pestilent pestilences; and to use thy good Creatures soberly, temperately, and thankfully: keep me from fulfilling the lusts of the flesh; let me watch and Pray, that I fall not into the snares of the Devil, and live soberly, watch warily, pray continually, look diligently for the coming of my Saviour, that I may be ready to enter with him into everlasting glory. O Saviour, give me grace to visit the sick and prisoner, comfort

comfort the Fatherleſs, feed the hungry, cloath the naked, lodge the harbourleſs, and do thoſe things which are moſt acceptable in thy ſight.

I confeſs and acknowledge unto thee my ſins and Offences; my tranſgreſſions are infinite, as the ſand of the Sea: I have departed from thee, and have not kept thy Commandements, as thou haſt commanded me: Give me thy Righteouſneſs, and forgive me all my ſins: Finally, I beſeech thee, moſt merciful Father, deliver me from this evil world, humane fear, and all Infirmities of the fleſh and mind, from falſe Prophets, bad Brethren, and lewd Perſons: defend me from the hands of mine Enemies, from all Evils preſent and to come, both in ſoul and body; give me grace to ſerve thee in good Works; and for thy Names ſake deliver me from all Evil: arm

me with thy holy armour; weapon me with thy blessed Word: instruct me by thy Holy Spirit, that I may serve thee in holiness and righteousness all the dayes of my life: break the bonds of my sins, shake them out of thy sight; fully forgive me all my offences, and let me possess the inheritance of thy Heavenly Kingdom. To thee, O Father, Creator, Protector, Governor, and Defender; and to thy beloved Son Jesus Christ our Peace-maker Mercy-Seat, Redeemer, Justifier, and Advocate, and thy holy Spirit, our Sanctification, Wisdom, Teacher, Instructor, and Comforter, be all dominion, power, and glory, for ever and ever, *Amen.*

A very fervent Prayer for remission of Sins, and many good petitions.

GRant me, most gracious God, thankfully to acknowledge thy great mercy; make me en-

creaſe in repentance, faith, prayer, in contemning the World, in hearty deſiring Life Everlaſting, and thy bleſſed preſence. Grant me (O moſt Gracious Lord) thy Holy and ſanctifying Spirit, that I may heartily and faithfully pray unto thee with a pure and clear mind, with a humble and lowly heart; accept me into thy favour, write thy Law in my heart, and ſo work in me, that I may believe in thee, fear thee, love thee, and obey thee, and ſerve thee, as thou requireſt, O loving Lord, forgive me my unthankfulneſs, and all my ſins. O Father, aſſure me of my everlaſting ſalvation in Chriſt, reveal thy truth unto me, confirm, ſtrengthen, and ſtabliſh me in the ſame, that I may live as a veſſel of thy mercy: endue me with the Spirit of Wiſdom; keep me that I follow not the counſel of the wicked, walk

not

not in the way of sinners, nor fulfill the lusts and desires of the flesh; subdue my lusts, and conduct me, that I may do those things that please thee, and hate those that offend thee; fasten me and plant me sure in the land of the living, and let me not be carryed away with vehement blasts of the wicked world; direct and order my paths, that I may walk in thy wayes; arm me with patience, and assist me with thy Holy Spirit that I may shake off the bonds of the wicked, and cast away the yoke of sin and impiety: so guide me that I may alwayes serve thee in truth and verity, and in true Faith obey thee: I beseech thee receive me under thy blessed safeguard; be my buckler, give me thy succour, that I may walk in thy truth before thee, and rejoyce only in thee: O Lord hear me lamentably calling upon thee: O

Christ

Christ, which art my righteousness and innocencie, comfort me in all adversitie: hear me mercifully when I call upon thee; make me to live in awe of thee, and evermore be afraid to offend thee, or sin against thee: give me the light of thy countenance, and let me feel and taste thy favourable goodness. Grant me peace and tranquillity, firm hope and stedfast faith in thee. Have compassion on me, for I am sore vexed; heal my soul, help me, and deliver me from all my sins; for thy mercies sake hear my lamentable voice, hear my sorrowful cry, grant my petitions, confound my enemies, deliver me from all inconveniences, free me from all grief and heaviness: grant I be not overcome with the deceits of the wicked; lighten mine eyes, that I may rightly discern thee, and walk

constantly in the way of Truth, through a stedfast Faith. O Lord God consider me, regard me with the eyes of thy Mercy: keep me from sin and sinners; let my heart rejoyce in thy salvation, that I may sing praise, and render thanks unto thee, for that thou hast delivered me from all my sins and transgressions: free me from all impiety and ignorance, that I may earnestly seek thee: keep me as the Apple of thine eye, defend me under the shadow of thy wings, and satisfie me with the desire of thy glory, shew me thy way, teach me thy paths, deliver me from all ungodliness, wipe out all my sins and offences, and clearly forgive me all my misdeeds, for thy most dear Mercies sake. *Amen.*

A most godly Prayer for Repentance, and Life Everlasting.

O God Almighty that hast created me of nothing in the Celesti

Celeſtial form of mankind; and by thy holy Word governed and taught me to know, confeſs, honour and ſerve thy Omnipotent Majeſty; ſo as where I was far from thee by ſin, I am now by thy grace brought near thee, and reconciled to thy favour as a Son; Therefore as one environed with many ſorrows, perils, wretchedneſs and calamities amidſt the ſwarms of innumerable enemies that ſeek to ſpoil me, I call for thy help, which art the only ſure and invincible fortreſs wherein I may be ſaved. O Father, ſtretch forth thy mighty hand, and give me a joyful victory againſt the power of the malicious enemies that would ſpoil me: from the bottom of my heart I cry unto thee to ſave me; and for the love of thy dear Son deliver me from all ſin, and the power of darkneſs: and by thy holy Spirit lead and

guide me in thy light, and paths of thy most glorious and heavenly grace, that in this short and transitory life (beset round with many storms, perils and deceits to perdition) I may always cleave fast unto thee, and utterly despising all earthly pomp and vanity, I may post unto the Port of perpetual peace & safety, there to possess the triumphant and eternal joys, which are prepar'd for thine Elect.

Open the eyes of thy fatherly pity, I beseech thee, and give me grace earnestly to repent my misdeeds: put away my sins, and forgive me all my offences; renew whatsoever is decayed in me, either by the fraud and deceit of the devil, the vanities of the world, or my own carnal will and frailty; let me put my whole trust in thy mercy; impute not my sins unto me, but take me into thy favour and blessing: strengthen me with thy

thy Holy Spirit, pour upon me the manifold gifts of thy grace, the Spirit of Wisdom, Truth, Meekness, Love; Peace, and Patience, that I may live here in this life godlily and vertuously, die in thy faith and fear, and reign with thee in the world to come in everlasting glory. *Amen.*

A Prayer of Thanksgiving, and for remission of sins.

O Almighty and Eternal God, our gracious and merciful Father, all praise, honour, and glory be given to thee. O let me extol and praise thy name for ever and ever: for thou heareſt my prayers, granteſt my requests, and abundantly poureſt thy graces and benefits upon me: thou chooſedſt me before all eternity; write my name in thy book, and make me Fellow-heir of thine everlasting Kingdom. I will praise thee for creating me

after thine own similitude and Image, in wisdom, innocency, holiness and righteousness, little inferiour to the Angels: for redeeming my soul and body from destruction, for forgiving me my sins, and delivering me from death everlasting. I thank thee for that precious Jewel of thy sacred Word, for teaching and comforting me, for preserving my soul and my body in health, peace and liberty, for the use of thy good creatures both for my necessity and delight, for food to nourish me, apparel to cloath me, the benefit of rest to refresh me. O gracious God, give me thy special grace, that I may morning and evening, and at all times, praise and highly magnifie thee, and ever offer this sacrifice, even the calves of my lips, unto thy heavenly Majesty: sanctifie my senses to thy honour and glory, charge thine Angels to pitch their Tents about me,

me, and save me: give me power and strength against Satan, sin, iniquity, and all ungodliness, and let me never more offend thee; bless my endeavours, the beginnings and issues of all my affairs; fill my heart with thankfulness to thee, and charity to others; protect me in all places, defend me from all dangers, and let thy Blessings be with me whersoever I become. O Lord grant me grace still to praise thee, and ever heartily pray unto thee; good Lord hear me, and freely forgive me all my sins, for Jesus Christs sake: to whom with thee and the Holy Ghost be all praise, thanks, honour, and glory, now, and for evermore. *Amen.*

A very devout Prayer for repentance and all other things whatsoever needful, and life Everlasting.

O Most mighty God of Angels and men, whose wisdome is infinite, and judgements

unsearchable, hear the prayers of thy servant, and give ear to the humble petitions of thy poor creature. O let me incline my soul unto thee, and set my eyes upon thee, turn thy anger away from me, and let me find favour in thy sight. Heal my soul that hath sinned, free me from my transgressions, pluck me from my faults, for I acknowledge my Offences and am sorrie for my sins. Pride and arrogancie hath beguiled me, foolish boldness overtaken me, & my own counsels & devices misled me: thou hast counselled me, and I followed it not; thou didst strike me, and I regarded it not; thou didst correct me, and I receiv'd not thy disciplin: have mercie upon me, O Lord, have mercie upon me, I most humbly beseech thee; hear my prayers, forgive the sins of my youth, and turn thy displeasure from me. Come unto me, O Lord, and save me,

me, destroy not my soul, whom thou hast so mightily redeemed, but arise and deliver me, save me for thy mercies sake: grant me sorrow for my sins, and a fountain of tears for my offences, that I may daily bewail my iniquities, Let my prayer enter into thy presence, and my cry come unto thee; help me in my troubles, hear my prayers, and freely forgive me all my sins. O God Almighty, behold me thy unworthy servant, give me thy holy spirit, fervently to desire thy Kingdom, acknowledge thy will, and work thereafter: give me wisdom, constancy, patience and strength in thee; let thy mighty arm preserve me from the invasion of the devil, the cursings of evil tongues, the malignity of the wicked world; give me grace to repent my misdeeds, be sorry for my sins, and penitent for my offences. Make me love justice, hate wrong, and abstain from evil. Take

care of my ſoul, forgive me my ſins, and ſave me thy ſervant. Give me what thou wilt, as much as thou wiſt, and when thou wilt, do with me as thou wilt; put me where thou wilt, and in all things rule me as thou wilt: grant me grace to deſpiſe worldly vanities, mortifie carnal affections, and give my mind wholly to heavenly meditations: aſſiſt me with thy grace, ſtrengthen me with thy heavenly power, comfort me with thy Holy Spirit; that neither my cruel enemy, my wretched fleſh, or ſubtil ſpirit, have domination over me. Deliver me, O Lord, I beſeech thee, from the cares of this world, keep me from bodily neceſſities, let me not be overcome with voluptuous pleaſures of the world, the allurements of the fleſh, or inſtigation of the Devil. Let not fleſh and blood overcome me, the world with its vain glory deceive me,

me, not the fiend with his manifold crafts supplant me, but give me ghostly strength in resisting them, patience in suffering them, and constancy in persevering to the end; give me for worldly delights, the sweet Consolation of thy Holy Spirit; for fleshly love, the fervent love of thee, and thy heavenly wisdom, that I may seek thee, find thee, and above all things faithfully serve thee: in temptation strengthen me; in tribulation succour me; and from all my Enemies, both Bodily and Ghostly, freely deliver me. Give me grace to despise all worldly things, all motions of sin, and let no vanity deceive me. End (O Lord) my miseries, deliver me from the bondage of sin; and grant me a full sight and contemplation of thy glory, through Jesus Christ our Lord and Saviour. *Amen.*

A Prayer or meditation, whereby the contemplation of light and darkneſs is ſtored up, with a remembrance of the ſhortneſs of our life, and for life everlaſting.

AS my bodie, O Lord, is compaſſed with thy bleſſed light, ſo let my mind with thy heavenlie light be illuminated; and as thou giveſt me corporal light, ſo I beſeech thee give me ſpiritual light; for ſure I believe my body ſhall be as clear as the Sun in the day of judgment; and as the Sun riſeth in the morning, is higheſt at noon, and in the evening draweth downward; ſo my life, and all things in this world (how glorious ſoever) being at the higheſt, decreaſe and wear away: grant me therefore (O God) a quiet and contented mind, which is moſt like thy holy Name. And as houſes are ordained to keep us from the injury of weather, cruelty of beaſts, diſquietneſs of the

the People, and dangers of the World; so grant, most gracious Father, that my body may enter into thy Heavenly Mansion, wherein my body and soul may have rest, peace and joy everlasting. O take from me this veil of sin, and let me ever have clear light in my Mind; and as I am not sorry when the Sun goeth down, so let me rejoyce in Death, whereby I come to thy heavenly Habitation. Thou which art the Author of light, take away the dimness of my mind, and let me see clearly, let thy Word be a lanthorn unto my feet, and a light unto my paths: as after the day I give my self to rest in the night, so most merciful Father, govern & prepare me, that after this life I may rest & live with thee in eternal glory. Nothing is so like Life as Day, nothing is so like Death as Night, nothing so like the Grave as the Bed; and as I fear not to enter my

bed

bed and ſleep, ſo let me not fear to die, but prepare my ſelf for it, that after the temptations, troubles and tempeſts of this world be ended, I may enjoy that heavenly, pleaſant. and delectable reſt, that is prepared for thine Elect: which grant me ſweet Father, for thy Son my Saviour Jeſus Chriſt his ſake, to whom with thee & the Holy Ghoſt be all honour and glory. *Amen.*

A Prayer to ſpend our life, ſo as we may live in Heaven eternally.

DEar Father, God of Heaven and Earth I miſerable and ſinful Creature, do proſtrate my ſelf before thy Majeſty, deſiring thee from the bottom of my heart, to be mercifull unto me; and though I am not worthy to receive the leaſt favour of thee, and from thee, yet of thy Fatherly care over me, thou giveſt me of thy bleſſings abundantly, yet my weak nature is ſuch, as I forget from whence theſe good

good graces flow, and am no way thankful for the same; but like the gormondising Glutton, continue in my vain desires, and worldly pleasures, which in a moment shall vanish; endue me therefore, most dear Father, with thy holy Spirit, and give me grace to spend the short pilgrimage of my life wholly in thy testimonies, that I may joy in the service of thee, and continually be careful to please thee; so that when thou shalt mow up the root of this transitory life, I may be ready, like the wise Virgins, with my Lamp burning, that passing from this dark vail of misery, I may be received to thy bright joy and everlasting habitation, *Amen.*

A Prayer to God to take care of us, preserve us, and forgive us our sins.

O Father that madest the light, lighten mine eyes, that I sleep not in death, and let not my enemies or sins prevail against me, drive

drive me from the darkneſs of ignorance, and illuminate me with thy holy Spirit, that I may deſpiſe the deceitful delights of this world, and earneſtly ſtrive for the true joys of heaven; that I may heartily forſake all tranſitory things, and endeavour to attain things eternal: preſerve me from the aſſaults of the devil, keep me from all ſin, and deliver me from ſudden death. Grant me ſolace in tribulation, aſſiſtance in temptation, and after death ſave me from condemnation. I beſeech thee, and from the bottom of my heart intreat thee to direct me in the way of thy Commandments, that I may begin, continue and end my life to thy glory, and the ſalvation of my ſoul; keep me from ſin, reſtrain me from iniquity, cool the heat of my concupiſcence, that reigneth in me; let me lead the remnant of my life in thy fear and love, direct my heart,

heart, body, ſenſes, ſpeeches and action, in thy law and works of thy Commandments, that leaving the delights of this world, I may thirſt for thy Kingdom. Curb the devil that he hurt me not, grant me thy mercy, and forgive my ſins. Furthermore, O Lord, give me purity of heart, auſterity of the fleſh, mortification of my appetites. Watch my eye, and bridle my tongue, let me deſire nothing but thee, and be evermore mindful of thee. Give me humility of heart, patience, obedience, meekneſs, charity, conſtancy, and endue me with thy heavenlie grace, and Chriſtian goodneſs. *Amen.*

A Prayer for the aid and protection of God in our affairs.

O Omnipotent and Eternal God, who art the life, the way, and the truth, behold I walk among the temptations of the devil, the ſnares of the world, and frailty

frailty of the flesh: open therefore, O Lord, my eyes; be thou my guide, and conduct me right; be in my way, O Lord, my succour and solace, in heat a shelter, in cold a garment, in wearinesse a rest, in shipwrack a Haven: guide me in thy paths, and teach me thy ways, beat me down, and humble me, that I trust not in terrestrial things, but erect my spirit and mind to Heaven, and there to fasten my hope; direct my intent to that end, and let me so live on Earth, as I may be received into thy everlasting Kingdom. Grant that I may learn so to rest in thee, and trust in thy blessings, that I may abstain from all evil; look after celestial Riches, and learn to be content with what it shall please thee to bestow upon me. Lord have mercy upon me, and hear my Prayers, turn my sins from thee, and save me for thy mercies sake; there is

no man can heal me, nor deliver my ſoul, but thou, O Lord: my deſtruction cometh of my ſelf, my hope and ſalvatiou ſtandeth only in thee: in the time of reconciliation hear me, in the day of death deliver me, and for thy mercies ſake have mercy upon me, be merciful unto me, which have none but thee to help me; deſtroy me not becauſe of mine iniquity, nor be no longer angry with me; let my prayers aſcend unto thee, and be thou my health and ſalvation: I acknowledge I have many ways from my youth hitherto moſt grievouſly offended thy Divine Majeſty, for which, O God, be merciful unto me a moſt wretched ſinner; forgive all that is paſt, ſave and defend me from all evil hereafter, confirm me in a godly life, to the honour and glory of thy bleſſed Name. *Amen.*

A very good Prayer for forgiveneſs of ſins.

O Cœleſtial Lord, Omnipotent and eternal Father, I bleſs thy Divine Majeſty, I praiſe thy infinite bounty and mercy, I magnifie thy eternal wiſdom and truth, which with thy mighty hand haſt ever defended me from all perils, dangers, and enemies: comfort me cheriſh me, maintain me, and for ever hereafter defend me, that my mouth may ſet forth thy glory: praiſe the Lord, O my ſoul, I will praiſe the Lord, and all my life ſing praiſes unto his holy Name. Preſerve and defend my ſoul, and my body from all perils, preſerve me from worldly ſlanders, drive mine enemies from me, guard and protect me, that I never offend thee, or with my ſins grieve thee, early in the morning let me ſeek thee, in the evening let me praiſe thee, and be ever careful to pleaſe thee:

thee: punish me not according to my sins, but be merciful unto me for thy great goodness and mercie sake. Reprove me not, O Lord, in thine anger, nor correct me in my wickedness: shew me thy mercie, and grant me thy salvation; free me from thine anger, deliver me from sudden death, and save and keep me from eternal damnation. Grant that I may so follow holiness all my life, that thy glorie may shine in my good works, and that I may enterprize nothing but that which shall be to thy praise and glorie: exempt me from the world and all filthiness of the flesh; keep me so diligentlie, that I may follow true goodness and piety. Grant I may apply my heart unto thee, purge it from all impuritie and filthiness, make me abstain from all evil deeds, deceits and cruelty. Deliver me from sin, wickedness and all evil, send thy holie Angel

to guide me in my doings, and keep me in thy ways, that I may not do, think, or will any thing, contrary unto thy holy will and commandments: let me sing and rejoyce before thee, worship and serve thee, and come into thy presence with mirth. Thou madest me, I am a sheep of thy flock: remember not, O Lord, the ignorance of my youth, but according to thy great mercy be mindful of me, turn my wailing into joy, cut my sack of sorrow in pieces, & cloath me with cœlestial gladness, that I may sing to thy glory world without end, Amen

A good prayer for a sinner, and for Gods grace to keep him from sin, and grant him life everlasting.

O Lord, let thy grace spring in my heart; suffer me not to perish with the ungodly, direct me with thy rule of justice, make plain thy way before me, lest the wicked spirit put me out of it, defend me

me with thy Grace as a ſhield, gather me under thy wings, and keep me ſafe among thy Feathers; ſend thy truth and light to lead me, and bring me to thy holy dwelling. O my ſoul truſt in the Lord, he is my God and my helper. Have mercy upon me O Lord, thou God of all things, have reſpect unto me, ſend me thy fear, and beſtow on me thy mercy.

Awake, O my ſoul, and ſtand up from death, that Chriſt may lighten thee with the beams of his mercy: ſhew me the way that I ſhall walk in, and deliver me from mine enemies, for I fly unto thee. Teach me to doe thoſe things that ſhall pleaſe thee; let me put my truſt in thee, and have mercy upon me; look upon my adverſity, and miſery, and forgive me all my ſins: O keep my ſoul, and deliver me, and let me never be confounded, but be mercifull unto me, and have mercy upon me. Watch

(O

(O my ſoul) for thou know'ſt not when the Lord will come: watch and pray, O my ſoul, that thou enter not into temptation: watch (O my ſoul) faſt and pray, and be ſtrong in faith: ſet a watch, O Lord, before my mouth, and keep the door of my lips, and let not my heart be inclined to evil. O keep me in thy paths, that my footſteps ſlide not; hear me, and have mercie upon me; knit my heart unto thee, that I may fear thy Name, ponder thy ways, conſider my meditations, and mercifullie hear me: lead me in the right way, let no wickedneſs have dominion over me, turn all voluptuouſneſs from me, take from me the luſts of the fleſh; let not uncleanneſs take hold of me, give me not over to an obſtinate mind, turn my eyes away from vanities, let thy loving mercies come unto me; Suffer me not, O Lord, to enter into the way

of

of ſinners, but whenſoever through frailty of my corrupt nature I run aſtray, then O Lord ſtay me, and pluck me back again, that I may joy in the deſire of thy Law, that I may ever chooſe & do thoſe things which are moſt pleaſant to thee, and hate all that offend thee.

Plant me by the water-ſide, and let me bring forth fruit to thy honour and glory: grant that I may ſtand in the aſſembly of the righteous, that I eſcape all puniſhment, be delivered from Condemnation, and with thy Saints and holy Angels live in everlaſting glory, world without end, *Amen.*

A confeſſion of ſins neceſſary to be ſaid at all times, & forgiveneſs of ſins

O God and Merciful Father be Merciful unto me, for many enemies fight againſt me, O God moſt high, I (here proſtrate in heart) confeſs my abominable wickedneſs, wherein all my life long I

have offended thy Heavenly Majesty, in thought, word and deed, which are infinite and cannot be numbred; make them, O Lord odious and grievous unto me, make them detestable in my sight, give me the grace of true repentance; grant unto me sinful wretch the forgiveness of all my sins, and release me from all pain due for the same. Thou hast commanded us to ask and pray, and thou wilt forgive; to knock, and thou wilt open: grant me O Father, I beseech thee, a continual and stedfast Faith and only hope in thee, and in Christ Jesus, that I may cry, O God the Father, have mercy upon me, O God the Son, have Mercy upon me, O God the Holy Ghost, have Mercy upon me, O glorious and blessed Trinity, have Mercy upon me, and forgive me all my sins and wickedness, that I have committed and

done ever since I came into this miserable world, until this present hour, and grant O Father, I wretched sinner beseech thee, that I never hereafter fall into any sins or offences; Defend me against all my enemies, the Devil, the world, and the flesh. O Christ, which cam'st into the world to ease those which were laden, to seek those that were lost, to call sinners to repentance, and to give life everlasting to the faithful, I poor sinful creature from the very bottom of my heart bewail and lament my wretched and sinful life, beseeching thee, according to thy promise, to be Merciful unto me, to be my Mediator to God the Father for me, that he may fully and freely forgive me all my sins whatsoever formerly committed against thee: and wholly possess my heart with thy holy Spirit, that he may defend me against all perils to come which the devil, the world, or

the flesh imagineth against me, and so change me into a new man, that my old sins being washed away by thy precious blood, I may walk from Vertue to Vertue, to the praise of thy blessed name, *Amen.*

A General confession of sins, with Prayer for Remission of the same.

OMost Merciful Lord God, most dear and tender Father, vouchsafe I beseech thee, to look down with thy Fatherly eyes of pity upon me, most vile and wretched sinner, who lies heartily prostrate before the feet of thy bottomless mercy; I am not worthy to be called thy Son, but for that thou art the God and Father of all comfort, and desirest not the death of a sinner, but takest care to cure my wounded soul: pour, I pray thee, the precious Oyl of thy sweet comfort into my wounds, that I may joyfully run into the lap of thy everlasting pity;

pity: thou art my hope and truſt, in whom I only repoſe my ſelf, I accuſe my ſelf unto thee, that I have ſore and grievouſly offended thy Almighty Majeſty, in committing grievous and manifold ſins and wickedneſſes, that I have not kept the leaſt of thy Commandments, as thy righteouſneſs requireth of me, I have not honoured thee as a God, dreaded thee like a Lord, nor loved thee like a Father, nor uſed thee as my Saviour. Thy holy and dreadful name I have uſed in vain, I have followed the Prince of the world, in concupiſcence of the fleſh, pride of living, in covetouſneſs, in gluttony, in hatred, in envy, in backbiting, in deſpair, and in misbeliefe; but in what manner ſoever I have offended thy moſt godly Majeſty, I am heartily ſorry for it, even from the very bottom of my heart; and in token of my hearty repentance, I knock and ſtrike my breaſt, and in

the bitterness of my soul I cry and say, Lord God Father have mercy upon me, Lord God Son have mercy upon me, Lord God Holy Ghost, have mercy upon me: spare me of thy infinite mercy, and grant me thy abundant grace, that I may change my sinful life; put off the old man with all concupiscence, that I may die unto the World, and the World unto me: strengthen my heart in true humility, perfect love, hope and trust in thee. Give my Soul grace to desire only to rejoyce and repose my self in thee, that I may utterly forsake the vain affiance of the World, that I may be ready to go with thee whensoever thou shalt come upon me: be thou O Lord, always unto me a Tower of strength, a place of refuge, and defend me against the fiend, and all desperation: let thy comfort cleave unto me, thy mercy keep me, and thy grace guide me.

me. Take O Father, that thou haſt made, take, O Son that thou haſt with thy precious Blood dearly bought, take O holy Ghoſt, that thou haſt kept and preſerved by thy grace to draw me near unto thee, hear my prayers, forgive my offences, comfort me in my afflictions, let my ghoſtly enemy have no power on me, but give me ſtrength to withſtand his deceitful ſnares; let me live to my comfort, die in the true faith, and reſt with thee in thy everlaſting Kingdom, *Amen.*

Another Prayer for forgiveneſs of ſins, and to be guided by the grace of God to preſerve and keep us,

O Maker of Heaven and Earth, King of Kings, and Lord of Lords, which of nothing didſt make me thine own image, didſt redeem me with thy precious blood; I am not worthy in my heart to think on thee, nor in my mouth to name thee, therefore I humbly de-

fire thee, and meekly pray thee, gently to behold me thy unworthy servant, and have mercy upon me, as thou hadst on the Woman of *Canaan*.

Unto thee I confess my sins, have mercy upon me (LORD) for I have most grievously offended thee, in pride, covetousness, lechery, vain glory, hatred, envy, adultery; in dissolute and wanton living, in idle words, in thinking, sleeping, and doing all things wherein frail men might sin; therefore I most humbly pray and beseech thy goodness, have mercy upon me, and forgive me my sins. Thou art my hope, trust and defender, my help, strength life, health, resurrection and redemption; I therefore most humbly pray and beseech thee help me, defend me, make me strong and comfort me: visit me, and receive me, I am thy servant and bond man (though evil and a sinner) therefore

I flee unto thee to be revived; if I be unclean, thou canſt make me clean; If I be ſick, thou canſt heal me: If I be dead thou canſt revive me, for thy mercy is more than my ſins: and thou canſt forgive more than I can offend: therefore, O Lord conſider not the number of my Offences, but according to thy great mercy have mercy upon me; ſay unto my Soul, thou art my ſalvation: O be not angry with me, but moſt meek Father, for thy mercies ſake, forgive me all my miſdeeds, grant that I may truely know thee, with my heart believe thee, and mouth confeſs thee. Purifie my heart with the fire of love; mortifie in me whatſoever is amiſs; garniſh my mind with thy heavenly benefits and ſpiritual gifts; arm my Soul againſt the crafty aſſaults of the ſubtil Serpent, the vain pleaſures of the world, and the lewd luſts of the filthy fleſh.

O Saviour have mercy on me which have commited many sins against thee, and have mispent the gifts of grace that thou so lovingly didst give me: be Merciful unto me O bountiful Lord, and I will wholly put my trust and confidence in thy mercy. Let me ever dread thee, love thee, and serve thee with all my heart, mind, will, might, power, and strength of Soul and body: and grant that I may do all things according to thy will: let all my offences be forgotten before thee, and make me persevere in vertuous living, that I may order my self in this world to thy will and pleasure: let me depart out of this World in a clean and pure life, for the comfort and Salvation of my sinful Soul: and most Merciful Lord, I pray thee to give me stedfast faith, true hope, and fervent charity; give me thy grace and Merciful aid in all my ways, to pursue and follow thy

will and Commandments, to eſchew my own frail will and deſires and falſe enticements, ſo in this life I may live a true Chriſtian, and after death behold thy moſt glorious face in heaven, *Amen.*

A devout Prayer for all Chriſtians.

O Lord, which haſt vouchſafed of thy unſpeakable goodneſs, to make and ordain me thy creature, to live in this tranſitory life, giving me a reaſonable Soul, by which I know thee, my Lord and my God. O moſt bleſſed Lord, I wretched ſinner confeſs my wicked and abominable ſins, I humbly ask thee mercy and forgiveneſs for the ſame; grant me thy ſtrength to ſtand ſure in faith, thy knowledge to work thy bleſſed will, thy power to reſiſt all errours and wicked imaginations, by wiſdom to know the truth; give thy help I humbly beſeech thee, that thy holy ſpirit may guide me, and all the thought

and

and desires of my heart; for the thoughts of men are miserable and their deeds uncertain; comfort therefore my Soul, let it walk in thy Laws, and wayes, and work thy will; suffer no worldly perswasions to take place or root in my heart, but by thy holy Spirit so direct my wayes and works that they may be acceptable in thy sight. Suffer not my Soul to perish whom thou hast so dearly bought, but have mercy upon me: make me poor in spirit, low in heart, content with my calling, and let my Soul rest in thee, let me love thee as a Father, a forgiver, a Saviour; and fear thee as a Lord, a Judge, a Revenger. O Father, put from me my sins and wickedness, make me to walk in the way of thy Commandments: let me reverently fear thee, and stand in awe of thy Judgements: let me love thee as a Saviour, honour thee as a Lord, and fear thee as a

Judge.

Judge. Grant me grace to ſet thy fear before me, to ſtand in awe of thee, and of thy judgement; that I do nothing to provoke thy heavy diſpleaſure againſt me: that I may walk in thy Fear and Holy Ordinances, and embrace thoſe vertues that ſhall evidently declare my faithful love, true honour, unfeigned Repentance, and humble fear towards thee. Have mercy, pity, and compaſſion upon me moſt miſerable ſinner, for my offences are horrible great and grievous, but I appeal to thy mercy, which is above thy works: O let me live with thee eternally, and not die though I have deſerved it: make me a veſſel of thy mercy, that I may praiſe thy name; let not my ſins ſwerve me from thee, but let me magnifie thy power and mercy: O gracious God, give me true, hearty, earneſt and unfeigned repentance, that I may from the bottom of my heart continually la-

lament my manifold sins and transgressions, my unthankfulness towards thee, for all thy merciful benefits abundantly bestowed upon me. Alas that ever I became so wicked & unkind a creature, to displease so good a Lord, so loving and merciful a Father! O forgive me all my sins that ever I have committed against thee; let me never more offend thee but always gladly serve thee in righteousness and holiness all the days of my life: govern and guide my heart in thy faith, fear and love, that in all my thoughts, words and deeds, I may glorifie thy holy Name, to whom be all glory, praise, power, and dominion, now and evermore, *Amen.*

A faithful Prayer, very fit for all persons.

O Most excellent goodness, withdraw not thy mercy; O most mighty Maker, despise not thy work: O most prudent Redeemer, suffer

ſuffer me not, the price of thy redemption, to periſh; O moſt gentle, ghoſtly and heavenly hoſt, purifie, ſave, dreſs and keep thy houſe and dwelling place in me. O moſt bleſſed, charitable, ſweet, and bountious Jeſus, O moſt excellent, glorious, Merciful dear Jeſus and ſweet Saviour, have mercy upon me, and freely forgive me all my ſins. O make me love thee, turn to thee, and be ſorry and contrite for my wickedneſs, let me remember thy benefits, meekneſs, painful and bitter paſſion, thy patience, obedience, love and charity: ſanctifie me that I may worſhip thee, magnifie thee, and heartily love thee with true reverence and devotion As thou art moſt dreadful, make me to dread thee; as my Father to love thee; as my Lord to ſerve thee; dwell in my ſoul by thy grace, mercy, charity and cleanneſs. O wound my heart with thy moſt Holy

wounds,

wounds, moiſten my mind with thy precious blood, that whatſoever I do, or whereſoever I turn me, I may behold thee crucified; and thus beholding thee I may fix my mind on nothing but only thee, and I beſeech thee, that thou wilt vouchſafe of thy goodneſs to direct, ſanctifie and keep my ſoul and my body, my ſenſes, talk, communications and all my doings in thy holy laws and works of thy Commandments, that thy Holy Angel be with me to direct me in the ways of peace, truth and health: that I may be whole, ſafe and free in thee, and by thee, both here and in the world to come. Hear me and ſave me, O King of glory, which liveſt and reigneſt world without End. *Amen.*

A very good Prayer to God, to take from us all evil things, and to give us all good things.

Give, O Lord God, unto my heart repentance, to my ſpirit contrition,

contrition, to my eyes a fountain of tears, to my hands abundance of almes, and put out of me the desires of the fleth, and kindle in me the fire of thy love, put out of me the spirit of pride and vain glory, and give me true humility: take away from me, O Lord, the fury of anger, and give me the buckler of patience; pluck from me rancour and malice of mind, and give me meekness of soul; give me (most gentle Father) a stedfast faith, sure hope, and continual charity. O God turn from me vanity, unconstantness of mind, wantonness of body, lewdness of talk, a high mind, excess of diet, evil speaking of others, covetousness of riches, greediness to rule, desire of vain glory, the vice of flattering, despising the poor, oppressing the weak, unsatiable avarice, and deadly blasphemy. Take from me undecent rashness, stubborness, unquietness, idleness

idleneſs, ſluggiſhneſs, dulneſs, blindneſs of heart, obſtinacy of underſtanding, cruelty of condition, diſobedience of that is good; and give me O God, for thy dear Son's ſake, the works of mercy, and affections of piety, to ſuffer with the afflicted, to counſel the evil, help the miſerable, ſuccour the needy, comfort the ſad, aid the oppreſſed, relieve the poor, moan them that weep, pardon my debtors, ſpare them that offend me, love them that hate me, do good for evil, embrace vertue, reject vice, and live in all goodneſs; O God, make me rich with thy gift, defend me with thy munition, give me the ſtrength of thy Salvation, be my ſhadow in the day of battel, my deliverer in the time of affliction, my aid in Tribulation, my light in Salvation, and conduct me to thy everlaſting reſt, that I may live with thee in eternal glory, *Amen.*

A very good Prayer for God's aid for-giveneſs of ſins, and life everlaſting.

O Chriſt, that calleſt all men unto thee, ſpread forth the beams of thy light, that we walk not in darkneſs, for thou art the way to Heaven, and Son of righteouſneſs: in thy Croſs we triumph: in thy ſhame glory, by thy pain we have peace: in thy teares joy, in thy ſorrow comfort, in thy death life.

I humbly beſeech thee therefore pour upon me the ſpirit of wiſdom grace, and mercy, with the force of his beams, to drive away the darkneſs of my mind, and with his fire purifie my perverſe affections; with his celeſtial lamp kindle in my heart the true zeal of glory; with his holy Ointment embalm my Conſcience; with his Fatherly Oyl to refreſh my bowels; and with his vertue renew in me an upright heart, to cleanſe my ſoul from dead works; and repleniſh me with righ-

teouſneſs

teouſneſs, that I may overcome Satan, the world, the fleſh and my luſts: above all let me have the true conſolation of a faithful ſoul, his joy, quiet, and content. Thy word is unto us the image of glory, the law of thy Kingdom, the ladder to heaven, the gate to paradiſe, the treaſury of piety, vertue, wiſdom, conſolation, and perfection; yet the groſsneſs of our fleſh is ſo ignorant and perverſe, that it will neither ſee thy ſpiritual riches, nor hear thy true and wholeſome doctrine, but taketh the thorn for the roſe, the leaf for the fruit, and the huſk for the kernel.

I humbly beſeech thee therefore moſt merciful Father, to guide me in the underſtanding of thy truth, and inſtruct me by thy ſpirit, to make me perfect in the principles of ſalvation, the true knowledge of thee, and of faith, piety and righteouſneſs; to belive in thee and Jeſus Chriſt thy onely Son, to glorifie thee

thee, love thee, fear thee, and serve thee. Grant that my thoughts may be repleniſhed with ſteadfaſt hope, ſupported with aſſured expectation to obtain the Celeſtial riches, which no eye hath ſeen, ear heard, or underſtanding comprehended, that I may behold thy countenance, live in thy Kingdom, enjoy the ſociety of the Angels, be a fellow-heir with thy glorified ſpirits, to be fully united unto Chriſt, and by him to the Father and fountain of eternal life, and ſo poſſeſs eternal joy: and let the hope of enjoying that happineſs be my thought, pleaſure, labour, habitation, and only vocation; and grant me grace to turn my courſe, that in the end I may obtain the Diadem wherewith thou crowneſt thine elect, that I may praiſe and magnifie thy holy Name, world without end, *Amen*.

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A Prayer for Remiſſion of ſins, and to God to aſſiſt us to live well, and to free us from ſin, and to live in Heaven eternally.

O Lord my God, I will glorifie and Praiſe thee with thanksgiving, give me thine aid, ſave and deliver my Soul out of the deep Dungeon; keep me from the pit of deſtruction, take all trouble from me, let my life be agreeable to thy deſire: take away my evening lamentation, and give me the joy of the Morning conſolation. O Lord hear me, have pity upon me, and be merciful unto me, take me from all heavineſs, fill me with thy gladneſs, that I may render thee thanks, and my tongue ſing thy praiſes without ceaſing. Have mercy upon me according to thy benignity, for I am oppreſſed with ſins and offences; abſolve, purge and waſh me from all iniquity, put me not from thy preſence, give me a right ſpirit,

the comfort of thy Salvation, and rest to my poor Conscience, that I may be sure of the free remission of all my hanious sins, Give me (O Lord) a mouth, and wisdom to resist my adversaries: keep me pure and undefiled in thy law, and that I may do nothing but that thou requirest of me; let me never want sure hope and firm trust in thee. Fasten and imprint thy Law in my heart, that I never sin against thee: Teach me thy judgements, and give me a ready will to perform them, fortifie me with thy word, and let my heart be inclined unto it: and not to Covetousness, pride, or any wickedness. Instruct me in that that is good, be thou my portion, and for thy Mercies sake have mercy upon me, keep me diligently, watchfully, and let not my feet slip, shadow we with thy right hand, and keep me safe from the wicked; Deliver me from all evils; guide

guide my going forth, and coming home, and keep my soul from sin. Let me, O Lord, cry unto thee, and hear me speedily, let my prayer be as sweet Incense before thee, that I may call upon thee daily and continually; keep me from evil, and let me not live dissolutely: defend me from all impiety, and all erroneous and foul offences; let me cast mine eyes upon thee, hope only in thee, and stay me wholly upon thee.

Save my soul, let it not perish, and deliver me from the vanities of the world, enticements of the flesh, suggestions of the Devil, and the snares, ambushes and deceitfull conspiracies of the wicked, that I may laud and praise thy Holy Name in this world, and in the world to come. To our God eternal immortal, invisible and only wise, be all honour and glory, both now and evermore, *Amen.*

A very earneſt Prayer for God's aid, and forgiveneſs of our ſins.

O Father, I beſeech thee for the love of thy Son, bring my ſoul out of priſon to praiſe thy holy name; deliver me from the bonds of ſin, & reſtore me to life everlaſting; when ſhall I come and appear before thy face? when will the comfort come I wait for? when ſhall I ſee the joy I look for? and be ſatisfied with the glory I long for? ſtrike O Lord, my hard heart with the ſtrong point of thy dear love, pierce it with thy mighty power unto the bottom, that my head may bring forth water, and mine eyes a fountain of tears, to mourn and lament my manifold ſins and offences.

I beſeech thee, kneeling on my knees, and humbly intreat thee, that thou wilt with the eyes of pity look upon me thy unworthy ſervant, and have mercy upon me, O Chriſt, whom I have greatly offended in thought, word and deed,

pardon my offences, and clearly forgive me all my sins; Heal my iniquities, and I shall be safe. Govern and defend me, strengthen and comfort me; despise me not, O Lord, nor note the number of my sins; but according to the multitude of thy Mercies pity me, favour me, have mercy upon me, and forgive me, a most grievous sinner. Convert me, O Lord, and for thy mercies sake keep me, that I may with true repentance heartily bewail my sins. Save me, for thou art the true safety; have mercy on my sinful Soul; loose the bands thereof; blot out my transgressions; aid me, and forsake me not, O God of my comfort. O my soul, lament Mourn and Weep till thou be joyned to thy Bride-groom Christ. Thou bidst me knock, O Lord, open unto me, strengthen me that am weak, restore me that did perish, raise me that was dead, guide and govern all my senses, thoughts and

deeds, that henceforth I may serve thee, love thee, and live with thee. Grant me an humble and contrite heart, with abundance of tears, and a sorrowfull Soul for my sins. Give me compunction of heart, humility of mind and a pure Conscience. O Jesu pardon my soul. pardon my sins, my evils, and my offences. Let me earnestly desire, and advisedly search, truely know, and perfectly fullfil all things that please thee. Give me thy Heavenly comfort, despise not my sinfull Soul, forgive me all my sins, and bring me to thy Holy habitation, for my Saviour Jesus Christ his sake, *Amen.*

A good Prayer for God's assistance and Repentance.

O Loving Father, have mercy upon me, pardon my frailty; aid me in infirmities by the power of thy grace, strengthen me against the concupiscence of the filthy flesh, the illusion of the foolish world, and the subtil assaults of Sa-

tan, that I may grow in all goodneſs and heavenly perfections. Of thy Fatherly goodneſs hear my prayers, and for the glory of thy Name forgive me my ſins; and grant my petitions; look favourably on me thy frail and wretched creature; humble my heart to the repentant confeſſion of my ſins; give me the help of thy Holy Spirit, to amend my ſinful life; bleſs and guide all my thoughts, words & works with thy Heavenly Grace, that I may in all things obey thy Heavenly Will. Reforme me, bleſs me, and in thy tuition preſerve me; pour forth the abundant bounty of thy good gifts upon me; that in the riches of peace, joy and love, I may praiſe and magnifie thee. O Merciful Father, that haſt delivered me out of the bands of death and darkneſs, have mercy upon me, and for thy ſweet Son my Saviour Chriſt his ſake, comfort, guide and ſtrengthen me in thy Holy Spirit, hold conti-

nually thy holy hand over me, that no flattery, illusions, nor inchantment of this world deceive me, and that no troubles, malice, stripes, persecution, fear, tyranny, torment, nor death, may ever separate me from thee: but despising the world, the flesh and the devil I may in joyfull hope wait for, and desire the coming of our Redeemer; for the delivery of the blessed Saints to appear in thy gracious presence in our renewed bodies, glorified and immortal, there to dwell with Angels and Archangeles, evermore praising thy Heavenly Majesty. O Lord that hast made us the Children of light, have mercy upon me, yea, Lord have mercy upon me, and for thy name sake look favourable upon me, stand fast by me, let me be constant in Faith, humble and obedient to thy Holy Will and correction, patiently waiting thy good pleasure and determination in all things: make me abound in

love and meekneſs, rejoyce in vertue and true holineſs, and glad my heart in the aſſured truth of thy promiſes, help me with thy grace, pardon my wickedneſſes, & deliver me from the evils I have deſerved; and in all Troubles, Wealth, Need, Health, Sickneſs, Joy, Sorrow, Life and Death, make me put my whole ſtay, hope, and help in thy Fatherly Mercy and goodneſs. Relieve me with thy grace, ſtrengthen me with thy Holy Spirit, that I may overcome and vanquiſh all the ſuggeſtions, temptations, and conſpiracies of Satan, and his infernal armies: withſtand the Malice, Perſecutions and Troubles of this wretched world, triumph in Heavenly victory, and wholly rejoyce in thee, praiſing, and lauding of thy Holy Name, now and for ever, world without end, *Amen.*

¶ *A Prayer for Remiſſion of ſins*

O Sovereign Creator of all things, when I conſider thy

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Majesty, whom I have with my sins offended, I doe shudder at my own misdeeds, and abhor my wickedness, because I have forsaken so gracious and bountiful a Father: vouchsafe therefore most Merciful God and loving Father, to pardon and forgive me all my vanities, misdeeds, and offences; govern and guide me by thy Holy Spirit in all my wayes, that I may live all the dayes of my life according to thy Holy and Heavenly Commandements. By the Multitude of thy mercies wipe away my iniquities, let my sute enter into thy presence, and save me thy servant; shew me thy Mercies; comfort my heart with the cœlestial joy and pleasure of thee, that I may for ever rest with thee, in the land of the living. Have pity upon me, and according to the Multitude of thy great Mercies, wipe away my sins, and cleanse me from all my unrighteousness, draw my Soul out of sin, unto the lively

fountain of the life everlaſting, fill my mind with the ſtreams of thy pleaſure, and overcome my heart with the ſweetneſs of thy love, and grant that I may long with all my heart, and labour with my whole endeavour, to attain to the unconceiveable joyes of the life everlaſting: embrace me with thy armes of mercy, ſhew me thy loving countenance, pluck me from the earth, and earthly things, open my mouth to call upon thee, my ears to heir thee, my eyes to behold thee, and let all that I do, ſay, hear or ſee, be only to thy glory. Let thy grace ſtill accompany me, let me continually crave it, and earneſtly endeavour to keep it: ſcour from me the ſpots, which by my daily ſins I have caſt upon the whiteneſs thou gaveſt me, that I may be pure and clean before thee. Bind up the ſores of my ſinful ſoul, waſh it with thy precious blood; anoint it with the oyl of Holineſs, repair thy Heavenly image within

me, by ſin defaced and again adorn it with thy own righteouſneſs, that I may ever hereafter praiſe thee. Mortifie all my deſires of wealth, pleaſure, riches, glory, favour, and all earthly things whatſoever, and that I may evermore readily and willingly do thoſe things that may pleaſe thee. Give me conſtancy and ſteadineſs of purpoſe, that my thoughts may not be found fleeting nor uneffectual, but that I may with an unmoveable mind do all things for my comfort, and to the honour and glory of thy Holy Name, through Jeſus Chriſt my Lord and Saviour. *Amen.*

A Prayer for remiſſion of ſins.

RIghteous and Mercifull God, which art clear from ſpot and ſin; I miſerable and wretched ſinner, acknowledge my wickedneſs, and with an humble and ſorrowful heart bewail my filthineſs, whereby I have polluted that image imprinted within me at my firſt Creation,

I openly confeſs, that many and great are my ſins, my offences wonderful my tranſgreſſions infinite, even as the ſand of the Sea that cannot be numbred; for all my Cogitations are prone to evil evermore; who knoweth, O Lord his ſin, and can recite his tranſgreſſions? I confeſs my offences, and my ſin is alwayes before me: againſt thee only have I ſinned and done evill; I was born in ſin, and thoſe ſins have I multiplied in my daily tranſgreſſions, and have deſerved thy diſpleaſure: therefore I appeal unto thy mercy, O Lord, beſeeching thee not to enter into judgement with thy ſervant, but according unto thy great mercy have mercy upon me; and according unto the multitude of thy mercies do away mine iniquities.

Wäſh me throughly from my ſins, and cleanſe me from my offences; for thy Names ſake be merciful to my ſin, for it is great: re-

member not the ſins of my youth, nor my rebellions, but according to thy kindneſs remember me for thy goodneſs ſake: remember thy tender mercies and loving kindneſs which have been for ever: remember I am fleſh that paſſeth away and cometh not again: leave therefore thy diſpleaſure againſt me: be not angry with me for ever; deal not with me according to my ſins, neither, reward me after my iniquities; but conduct me, O Lord, and turn away thy diſpleaſure againſt me: ſhew me thy mercies, and grant me thy Salvation. I confeſs moſt merciful God, it lieth not in my power to purge and put away my ſins, and purchaſe thy favour: but it is only the paſſion, and moſt innocent death of thy dear Son my Lord Jeſus Chriſt, that is a ſufficient reconciliation for my ſins, and for the ſins of the whole World: for his blood which was ſhed for me, doth cleanſe me from all my ſins;

and if I confess my offences, thou wilt forgive me all my sins, and cleanse me from all unrighteousness: wherefore in such hope of this thy mercy promised by thy Son, I am bold with deep sighs from my heart to cry, Lord forgive me my offences, remit my iniquities, cover my sins, and impute not my faults unto me: purge me, O Lord from my secret faults, keep me from presumptuous sins, let them not reign over me, but purifie me from all my wickedness, let me taste the sweetness of thy benignity, that I may be secure and certain of the remission of my sins, through the bowels of thy Mercies: that I may perceive in my mind the comfort, peace and gladness of thy holy spirit, which may begin a new life in me, pleasing thee: quench all vain Motions in me, and restore in me the Image of thy divine light which was lost: that being delivered from my sins, and out of the hands of

mine Enemies, I may serve thee in fear, in righteousness and holiness all the dayes of my life, through Christ in whom thou art well pleased, and for whose sake all my works, howsoever imperfect, are acceptable in thine eyes. O most mighty Maker, despise me not thy work. O most excellent Goodness, withdraw not thy mercy from me. O most prudent Redeemer, suffer me not to perish, whom thou hast so dearly bought. O most gentle, Ghostly and Heavenly Host, purifie, save, dress, and keep thy house and dwelling place in me, which thou hast sanctified and dedicated unto thee in my Baptism. O most blessed Jesu, have mercy upon me, make me to love thee, and to be sorry and contrite for my sins. Turn me unto thee by grace, that I may remember thy benefits and thy painful and bitter death and passion. Grant me to sanctifie, worship, magnifie, and love thee heartily;

moisten my mind with thy most precious blood, that whatsoever I see, I may behold thee crucified; that thus beholding thee, I may fix my mind on nothing but only on thee, and live most carefully to serve thee, and after this life rest everlastingly with thee, which livest and reignest with the Father, and the Holy Ghost, one God world without end, *Amen.*

An excellent Prayer, meet for all persons, and to be said at all times.

GRant, O merciful Father, that I never commit any thing that shall offend thy fatherly goodness, but that I may eschew all vice, embrace all vertue, live in thy fear, call upon thy holy Name, learn thy Godly Commandments, hear thy holy Word, avoid all idleness, and walk in my vocation, to the glory of thy holy Name. Send the Holy Spirit of love and concord, that I may live content with my calling, live quietly in the

ſame, do good to all men, and order my life according to thy Godly Will. Grant me to covet with ardent mind thoſe things which may pleaſe thee, to ſearch them wiſely, to know them truly and fulfill them perfectly, to the laud and glory of thy Name: order my living, ſo that I may do that which thou requireſt of me, give me grace to know it, and have a will and power to do it, and that I may have thoſe things which are moſt convenient for my Soul. Gracious God, make my way ſure and ſtraight, that I fall not between proſperity and adverſity, but in proſperity to thank thee, and be patient in adverſity, and that I be not lift up with the one, nor oppreſſed with the other; that I may rejoyce in nothing but that which pleaſeth thee, nor be ſorry for any things, but thoſe that offend thee; deſiring to pleaſe none but thee, nor fearing to offend any but thee,

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O loving Father, make all worldly things vile unto me, and be thou my especial comfort above all; let me not be merry, but with that which pleaseth thee, and let me desire nothing but thee. Let all labour delight me that is for thee, and let all the rest weary me: make me lift up my heart unto thee; and when I fall, make me to think on thee, and be sorry for the same, with a stedfast purpose of amendment. Grant me Faith in thee, and grace, I beseech thee, to be occupied in doing of good works, to thy glory and my comfort, and to trust in thy Mercies, and in Christ his merites, to be purged from my sins. Give me grace to love thy Word fervently, to search the Scriptures diligently, to read them humbly, to understand them truly, and to live after them effectually: that my life may be acceptable unto thee. Teach me so to pray, that my petitions may be graciously

heard

heard of thee. Keep me upright among diversity of opinions, that I swerve not from the truth. Give me I beseech thee a true Spirit, that no curious thoughts, nor filthy affections withdraw me from thee. Grant me grace to know thee, diligently to please thee, and hope to embrace thee, for the precious blood sake of that immaculate lamb Jesus Christ: to whom with the Father and the Holy Ghost, be all honour and glory, world without end, *Amen.*

A Prayer, wherein a sinner desireth God to hear him, and forgive him his Sins.

O Lord, how long wilt thou reject my prayers which daily I pour out before thee? Wilt thou O Lord, hear me at no time? or wilt thou cease to shew mercy? O crie unto the Lord O my Soul; and say, Hast thou, O Lord, cast me away for ever? or wilt thou never hereafter be pleased with me? favour

vour me, O righteous Father, for Jeſus Chriſt's ſake, that the ſighing and inward groaning of my heart, may move and incline thee to hear me graciouſly. O Lord, grant me thy mercy, and perform the Covenant which thou haſt made with me, hold thy Holy hand over me, and keep me from ſin, then ſhall I fear neither Death nor Hell; and as thou haſt alwayes been Merciful to penitent ſinners, ſo now good Lord forgive me my ſins. In the zeal of my heart I beſeech thee to keep me in the fear of thee, then ſhall I rejoyce in thy mercy, for that thou haſt looked upon me and regarded my Soul in diſtreſs. Keep me in thy ſheep-fold, O Shepheard of my Soul, and let me never hereafter wander from thy wayes, nor leave me in troubles; behold, my weakneſs is beſt known unto thee: Look, O Lord, upon my ſorrow, and forgive me my ſins. Mollifie my heart that I may turn

unto thee, and walk in all thy ways; for I have walked over long in the way of sinners: my prayers, O Lord, are poured forth before thee, let thine anger be turned from me, and let me find favour in thy sight. Look not on the hardness of my heart, but as thou alwayes shewest mercy, so now be Merciful over me, and forgive me all my sins. Spare me, I beseech thee, and shew on me the abundance of thy mercy, which hath taught me in Christ Jesus to call upon thee in my necessities. Give me grace to acknowledge my own infirmities, that I, depending upon thy Merciful goodness, may with a strong and stedfast Faith, and with a penitent heart continually call upon thee for thy grace, mercy and pardon. Hearken, O most Merciful God, for thy great mercies sake, to these my humble prayers which I make before thee, and consider, O Lord,

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the desires and thoughts of my heart, let my crying-out come unto thee, and let my unfeigned prayers enter into thy presence. Hear me, O Lord, for I want thy help, care for my Soul, save me thy servant which trust in thee. Have mercy O Lord, have mercy upon me, for I will never cease crying to thee for help and mercy. In the day time, I will call upon thee, and in the night I will crie unto thee. O God of Heaven, and maker of all things, hear me, a most wretched creature, calling upon thee; and take from me all my sins. Plant in me, O Heavenly Father, true obedience to thy word; let not the cares of this world deceive me, keep me from all uncleane desires: grant me grace to walk before thee with a good and pure mind, that I may receive the reward provided for thy Sons and Servants. Increase my Faith and Love, increase in me a

ſure hope of my Salvation, increaſe ſtrength in me to overcome and ſtand againſt all Temptations. Let thy Holy Angel keep and conduct me that I may evermore wa'k before thee in godlineſs and righteouſneſs of life: make ſtedfaſt my Faith in thy merciful promiſes, that I truſting in them, may have everlaſting life, through Jeſus Chriſt thy Son, our Lord and Saviour. *Amen.*

A Prayer for a reformed life.

O Heavenly Father, and merciful God, which of thy only goodneſs haſt created and made me unto thy own ſimilitude and likeneſs: I heartily pray and beſeech thee, remember not my ſins and unrighteouſneſs, neither ſuffer thy grievous plagues to hang over me. I have ſinned and hainouſly offended thee, yet I beſeech the of thy mercy and benignity to behold me thy unworthy Child. I do not proſtrate my ſelf before

thee

thee in praise of my righteousnes, but in the multitude of thy mercies I humbly beseech thee most holy Father, be no more angry with me, but turn thy wrath from me, and kindle in me the love of thy Holy Spirit: break, O Lord, my stony heart, and make it a fleshy heart: that I may fear thee, love thee, and have pleasure in thee: grant me a true understanding of thy word, to love that is to be loved, to desire that which pleaseth thee, to regard that which is precious in thy sight, and to refuse that which is evil before thee, Give me (O Father) a sorrowful and penitent heart, that I may humbly serve thee all the dayes of my life. When I fall into sin through frailty, work I beseech thee true repentance in my heart, that I may be sorry without desperation; that I may amend my life, and become truly righteous, without hypocri-

sie,

ſie, lowly in heart, without fainting, faithful and truſty, without deceit; content with my own, without covetouſneſs, to tell my neighbour his fault charitably; to pay every man truly; backbite no man, nor ſlander any ſecretly: to abhor all vice, and love and follow all goodneſs earneſtly. Grant this, O Lord, for the glory of thy Holy Name, *Amen.*

A Confeſſion of ſins, and a Prayer for forgiveneſs of them.

O Almighty God of *Iſrael*, my Soul that is in trouble, and my Spirit that is vexed, cry unto thee; hear me, O Lord, and have mercy upon me, for I have ſinned againſt thee, I heartily pray and beſeech thee in the bowels of thy mercy to look down from Heaven upon me thy poor ſervant, whoſe ſins be infinite, and innumerable, moſt hainous and inſupportable: but as they be grievous and with-

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out number; ſo is thy mercy more abundant and without end. Thy mercy is above all thy works: more able to ſave, than my ſins to condemn. Thou, O Chriſt, art that good *Samaritan* that poureſt the Oil of grace into our wounds, thou art the only true Sacrifice and oblation once offered for the Sins of the whole world. Therefore O ſweet Saviour, for the bitter death and paſſion, and for the glory of thy Name, be merciful unto me, and forgive me all my ſins. Grant, that as through my wicked life, thou haſt been diſhonoured, ſo through my godly converſation and integrity of life hereafter, thou mayſt be ever glorified. Forgive me, (O my Saviour) all my ſins, I moſt humbly beſeech thee, and keep me ever hereafter from all ſins. Grant me the aſſiſtance of thy grace and Holy Spirit, to direct my wayes, & guide my paths, that

that I may be innocent from all offences, and that in all things I may honour and praise thee, together with the Heavenly Father, and the Holy Spirit, now and for ever more. *Amen.*

A *Prayer in adversity, and for mercy.*

ALmighty God, which for my ingratitude, and sinfull life hast worthily punished me with affliction and adversity, I most humbly beseech thee, to give me grace utterly to detest and abhor my former wretched and sinfull life, and study daily for the amendment of the same; and I am fully perswaded, that this affliction hath not come unto me by casualty, but by thy permission, and determinate pleasure; and that thou dost beat me with this thy rod of correction, because thou wouldst nurture me, and call me to unfeigned repentance for my former life, to be more circumspect, of a good life: to exercise

ercise, my Faith in thy godly promises, to try me whether I will be patient and constant in adversity: to make me abhor vain pleasures of of this life, and with fervent and continual desire, long for the life everlasting; therefore I heartily pray thee, to strengthen my Faith, Hope, Charity, and meekness, that I may patiently bear this thy Fatherly chastisement. And grant me, that I may daily increase more and more in love towards thee; for I hope, all things shall happen to be best, whether it be prosperity, health, sickness, life or death; and therefore I wholly submit my self unto thee, and resign all my will to thy most godly will and pleasure, hoping, that thou wilt end this affliction to thy honour and glory, and to my most profit, wealth and everlasting Salvation, through Jesus Christ, my onely Saviour and Redeemer. *Amen.*

A Prayer to be said by all Persons at all times.

ALmighty and most Merciful Father, grant that above all things I may rest in thee, and fully set my heart upon thee: for thou Lord, art the true peace of the heart, and the perfect rest of the Soul: wherefore, thy will in all things be done in me; cast out of my heart all unprofitable cares of worldly things, and suffer me not to be led with the unprofitable desires of earthly vanities, but grant me grace, that worldly and carnal affections may be mortified, and die in me.

Grant me the strength of thy Holy Spirit, to subdue this body of sin, with the whole lusts thereof, that it may be obedient, both in will, mind and members, to do thy Holy will: grant me grace, that I may esteem all things in this world transitory, and my self with

them drawing towards my end, O Lord God, which art ſweetneſs unſpeakable, turn into bitterneſs unto me all tranſitory and earthly delights, which may draw me from the love of eternal things; and for all worldly comforts, give me the ſweet comfort of thy Holy Spirit; for thou Lord art my ſtay, my hope, my Crown, and my glory; bleſs me, that for the love of thee I may not ſet by the pleaſures of this world, but crucifie the fleſh and the luſts thereof, ſo that in a clean and pure conſcience, I may offer up praiſes unto thee, and be accepted to have company with thee together with the Holy Angels and Heavenly Spirits. O everlaſting Light, ſend down the beams of thy brightneſs, and lighten the inward part of my heart, that I may walk in thy Laws and Commandments. Give me grace to reſt in thee above all things,

above

above all glory, honour, dignity, and power: above all health, beauty, riches, and treasure: above all joy, pleasure, fame and praise: and above all mirth, and consolation, that mans heart may feel or take besides thee, For thou, Lord, art most good, wise, and righteous, most high, mighty, and comfortable, most beautiful, loving, and glorious, in whom are most perfectly all treasures of grace and goodness. Therefore whatsoever I have beside thee, is nothing unto thee, for my heart may not rest, but only in thee. O Lord, who shall give me thy wings of perfect love, that I may fly from these worldly miseries, and rest with thee? O King of everlasting glory, my Soul cryeth unto thee, with continual groanings, and faith, how long tarrieth my Lord God to come unto me; When shall be the end of these miseries? When shall

I be delivered from the bondage of Sin? When shall I have my mind on thee fixt on thee, and be merry in thee with perfect joy and gladness? When shall that blessed hour come, that thou shalt visit me and make me glad with thy blessed presence? When shall I come unto thee, and enjoy those sweet contemplations, which thy blessed Angels have alwayes? when shall I stand to behold thee, and have full sight and contemplation of thy glory? when shall I be with thee in thy Kingdom, which thou hast prepared for thine Elect, that I might behold the blessed mansions of thy Heavenly City, and the most clear day of eternity, which thy Heavenly Citizens know and feel the joy of? But I the Child of *Adam* do lament and bewail the miseries of this wretched life, short and evil, full of grief and sorrow, where we are polluted with troubles, wearied

with labours, tried with Temptations, vanquiſhed with vain delights, and fleſhly pleaſures of this changeable world, and miſerably enthralled in intolerable calamities. Wherefore, O Lord, ariſe and help me, comfort me, aſſwage my ſorrow, deſtroy my enemies, the Kingdom of ſin, Sathan, the World, and my wicked fleſh: forgive me all my ſins, and bring my troubleſome dayes to an end. So ſhall I ſing praiſes unto thee, O God of my Salvation, and magnifie thy Name, world without end. *Amen.*

A ſhort Meditation of man's miſery.

WHat was I, O Lord, what am I, what ſhall I be? I was nothing, I am now worth nothing, and in hazard to be worſe than nothing. I was conceived in original ſin, I am now full of actual ſin, I may hereafter feel the eternal ſmart of Sin: I was in my mother a loathſome ſubſtance, I am

in the World a corps of corruption, I ſhall be in my grave a prey of vermine. When I was nothing, I was without hope to be ſaved, or fear to be damned: I am now in a doubtful hope of the one, and in great danger of the other, I ſhall either be happy for the ſucceſs of my hope, or miſerable by the eſtate of my danger. What I have been, I know, *viz.* a wretched ſinner: what I am, I cannot ſay, being uncertain of Gods grace: what I ſhall be, I am ignorant, being doubtful of my perſeverance. Lord, erect my preſent weakneſs, correct my former ſinfulneſs, direct my future frailty; direct it, O Lord, from paſſed evil to preſent good, and future reward, for Jeſus Chriſt his ſake; *Amen.*

An Effectual Prayer, for grace, mercy, and forgiveneſs of ſins.

O Heavenly God, O Father dear
Caſt down thy tender eye,

Upon

Upon a wretch that proſtrate here
Before thy Throne doth lie.
O pour thy precious Oil of Grace,
Into my wounded heart:
O let thy drops of mercy ſweet,
Remit my ſin's deſert.
My ſinful Soul oppreſſed ſore.
With careful clogs of ſin,
In humble ſort, moſt humbly ſues,
Thy mercy for to win.
Grant mercy then, O Saviour ſweet,
To me moſt wretched thrall:
Whoſe mournful cry to thee alone,
Doth ſtill for mercy call.
Thy bleſſed will I have diſpleas'd
With pleaſing of my mind:
And to the luſts of worldly things,
My ſelf I have inclin'd. (ers,
For getting heav'n and heav'nly pow-
Where God and Saints do dwell;
My life hath almoſt trod the ſteps,
That lead the way to Hell,
Grant now, O Lord and loadſtone
That I no more do ſo; (bright,
But for my life in ſins miſpent,

my

My heart may melt in woe.
Alas I sigh, alas I sob,
Alas I do lament:
That ever my licentious life,
So wickedly was spent.
Grant therefore, Lord, with wailing
I may thy mercy crave: (teares.
O Lord, for thy great mercies sake,
Let me thy mercy have.
Restore to life my sinful Soul,
That else is like to die:
Then shall my voice unto thy Name,
Sing praise eternally.
Now blessed be the father first,
And blessed be the Son,
And blessed be the holy Ghost,
By whom all things are done.
Bless me, O blessed Trinity,
With thy eternal grace;
Forgive my sins, and grant my Soul
In Heaven a dwelling place.

A Prayer of Thanksgiving, to crave Gods assistance, to grant us his grace to repent of our sins, and bring us to the life everlasting.

O

O Holy Father, God Almighty, which didſt vouchſafe of thy unſpeakable goodneſs and mercy, to ſend thy only Son from the high Throne of thy Majeſty, into this vale of woe and miſery, to take our nature upon him, and in the ſame, to ſuffer moſt ſharp and bitter death, to bring our Souls to thy Heavenly Kingdom: O ſweet Jeſu, enflame my heart unto thee, with the burning beams of thy love, and make me ever to thank thee, and fear to offend thee: O ſweet Jeſus, my hope, refuge, joy, and health, have mercy upon me, and be merciful unto me, a poor, needy, vile, wretched, and abominable ſinful creature; give me remiſſion of all my ſins, integrity of mind, health of body, needful food and raiment, ſtrength, fulneſs of the earth, unity of Faith, ſubverſion of Hereſies, increaſe of true Religion, earneſt Devotion, wil-

lingneſs

lingneſs to charity, ſincerity in prayer, patience in trouble, joy in hope, and whatſoever elſe is for thy glory, my good, and Souls health: let thy holy ſweetneſs poſſeſs my mind, feed my Soul with the fulneſs of Heavenly and inviſible things, ſeparate me from earthly vanities, wholly dedicate my heart to Heavenly meditations; give me compunction of heart, and tears to my eyes, that I may ever bewail the wickedneſs of my life. Lift up my heart and mind, I beſeech thee, from the contagions of earthly cares, to the conſideration of Heavenly joys, that I may think and ſpeak only of thee in this life, and after live with thee eternally. O Lord, my gracious God, and only comforter of my Soul, ſeeing thou deſireſt that in all things I ſhould ſincerely ſerve thee, and I through thy grace deſire to do the ſame, ſuffer me not, O Lord,

any

any more to offend thee, or fall into the relapse of my former follies; but make me heartily sorry for my offences, and that I may never more sin against thee. And I humbly confess my self unto thee, that there is none on the earth a more vile and wicked sinner than my self. Increase therefore in me, I most humbly beseech thee, thy grace; and give me humility, that I may perfectly know thee in thy majesty, and my self in my misery, and yet through thy gracious help I may manfully fight against sin, and wickedness; and gain the victory over all my corporal and spiritual enemies. I wretched sinner confess, I have often offended thee, dishonoured thee, and neglected thy Holy precepts, which above all things ought to be most dear unto me: Thou, O Lord, know'st I am carnal, full of evil concupiscence, flowing in fleshly pleasure; over-wrapped

in

in fond fantasies; omitting spiritual exercises, and mourning for sin; in speaking impatient, in hearing Godly admonitions negligent; easily detained from doing good, and apt to evil. O most merciful Lord, I poor and wretched sinner, am full of sorrow and grief, for that I have grievously sinned and offended against thee; wound, O Lord, my heart with the sorrow of most faithful and unfeigned repentance, Grant me thy grace, and assist me by thy holy Spirit, that I may for ever hereafter keep my self from all sin, and avoid all occasions of offences. And I most humbly beseech thy infinite Majesty not to forsake, nor suffer me to be condemned in thy terrible judgement, but be merciful unto me, and let thy dolorous passion so help me, that I may be an inheriter of thy heavenly Kingdom, and enjoy everlasting felicity; and let the Holy Angel so keep me, as

the infernal enemy have never power over me, which, Lord, for thy Mercies ſake grant me; *Amen.*

A Prayer to God the Father, of Thankſgiving, and for forgiveneſs of Sins.

I Offer unto thee (O holy Father) the ſacrifice of praiſe and thanksgiving: rendering unto thee the calves of my lips, who of thy goodneſs haſt made me: and of thy mercy redeemed me. Hear therefore, O Lord, the prayers of thy ſervant, and turn thy ears unto me thy poor creature. Day and night will I pray unto thee, beſeeching thee that the thoughts and Meditations of my heart may be acceptable before thee; that my mouth may ſpeak of thy righteouſneſs, and my Tongue ſet forth thy praiſe. O Holy Father, I beſeech thee, that the inward deſire of my heart may move and incline thee to hear me: I accuſe my ſinful ways

wayes, and crave thy mercy and favour. O shew me thy mercy, and forgive me my sins, remember not the sins and offences of my youth, but think on thy mercies and Covenant made in Jesus Christ my only Mediator and Advocate. It is he, O Holy Father, whom thou didst send to obtain mercy for me: he was wounded for my offences, and stricken for my iniquities: he died for my sins, and through his love and mercy hath redeemed me. Therefore (O Father) for his sake forgive me all my sins, give me a true love of thy Law, and great hate of all my sins, that I may, through the merits of his death and passion, dwell with him and thee everlastingly, And vouchsafe I beseech thee to direct, sanctifie, keep and govern my heart and body, my Sense, Tongue, Talk, and communication in thy Holy Laws and works of thy Commandments,

Grant

Grant alſo, O Lord, that thy Holy Angel may be with me, to direct me in the way of peace, truth, and health: that I may be whole, ſafe, and free in thee, and by thee, both in this world, and in the world to come. O King of glory hear me, and ſave me; have pity and compaſſion upon me thy weak and unworthy Child. O Lord, help me, ſhew thy mercy upon me, let me do that which is acceptable in thy ſight, and proſper me in whatſoever I go about. Let me have an earneſt deſire to do thoſe things that will pleaſe thee: for unto thee alone do I fully and wholly yield and commit my ſelf, which workeſt all in all to thy honour and glory, *Amen.*

A *Prayer unto God the Son, for mercy and forgiveneſs of ſins.*

I Am aſhamed, O Jeſu, to lift up my eyes unto thee: becauſe my ſins are many, and are aſcended, and

and come before thee : shew thy mercy upon me (O Lord) and hear me, my heart is faint, my Soul is troubled. O Lord, make strong thy humble and unworthy Servant, that my joy may be alwayes in thee, receive me of thy goodness into thy favour, and shew thy mercy upon me, for thou, O sweet Saviour, art merciful, which wilt not the death of a sinner, but that he live : I therefore, a most wretched sinner, beseech thee to look upon me with those merciful eyes wherewith thou didst behold *Peter* bitterly weeping, and *Mary Magdalen*, and the Thief on the Cross ; and cause me through thy great goodness, that I may with *Peter* weep, and worthily bewail my sins ; with *Mary* to love thee with a pure and perfect love ; and with the Thief, to see and behold thee in Paradise. Give me (O gracious Lord) a pure intention, a clean heart

heart, and a regard to thy glory: in all my actions poſſeſs my mind with thy preſence, and raviſh it with thy love: be thou (O Jeſu) Light unto my eies, Muſick unto my ears, Sweetneſs unto my taſte, and Contentment to my heart. I am not mine but thine, claim me as thy right, keep me as thy charge, love me as thy Child. Defend me when I am aſſaulted, heal me when I am wounded: Give me patience in trouble, and let me never be conſounded; humility in comfort, modeſty in countenance, gravity in behaviour, purity in thoughts, righteouſneſs in my actions, conſtancy in Temptations, and victory againſt my Ghoſtly Enemy. O ſweet Jeſu, ſtay my inclination from evil, bridle my appetites with thy grace, quench in me all unlawful deſires, keep my eyes from vain ſights; my eares from hearing evil, grant me an earneſt deſire to amend

mend my faults, to renew my good purposes, to perform good intentions: correct my errors, erect my infirmities, protect my good endeavours, allay my passions, and make me able to master them, that they may never draw me beyond the rule of piety. Make me humble to my superiors, friendly to my equals, charitable to my enemies, and respectful to all. Grant me sorrow for my sins, thankfulness for thy benefits, fear of thy judgements, love of thy mercies, and mindfulness of thy presence. *Amen.*

A very good Prayer to God the Holy Ghost, for remission of sins.

O Heavenly God, if I have found favour in thy sight, suffer me a little to speak unto thee, and be no more angry with me, which by thy wisdom rulest all things. Give me thy holy Spirit, that being guided by the same, I may never be confounded. O comfort the soul

of thy ſervant, and let thy wiſdom lead and guide me in the paths of true knowledge: bleſſed is the man that hath his delight therein. I beſeech thee, my God, make thou a perpetual abode with me, and ſend down from thy Throne of Majeſty the dew of thy grace into my heart, that I may alwayes pleaſe thee. O ſend down from Heaven the Spirit of wiſdom, that I may have the true taſte thereof: incline thine ear unto me, that theſe my humble prayers may aſcend up before thee: humbly will I give attendance on thy Merciful hand, and wait for thy ſaving health. Behold me, O God, ſilly ſoul, gaping for the ſhowers of thy grace, like a barren and dry Land. O Holy Spirit of God, the third perſon of the Deity, which by thy divine grace ordereſt all things, grant me the Spirit of Sanctification and Holineſs, plant in me an infallible knowledge of thy truth. O

thou

thou which art the comfort, which inricheſt the hearts of thy faithful with the ſweet taſte of thy Word promiſed, breath into my heart a pure faith, that I may acknowledge thee very God, God with the Father and the Son. Thou ſeven-fold diſpoſer of the giſts of God, the hope of joy cœleſtial, pour into my heart the dew of thy grace, that being filled with the ſweetneſs thereof, I may obey thy bleſſed Will. O eternal God, equal with the Father and the Son, make ſtrong my ſoul and my body, that by thy gracious aid, I may overcome the aſſaults of my Ghoſtly enemies, and believe and confeſs God the Father, and Jeſus Chriſt his Son, with the Holy Spirit, proceeding from them both, to be one God, in perſons three, and everlaſting in Trinity and Unity, to whom be given all laud, praiſe, honour, and glory, evermore, *Amen*.

A Godly prayer to the blessed Trinity.

O Holy, blessed, and gracious Trinity, God the Father, Son, and Holy Ghost, three Persons, and one Omnipotent and everlasting God; three in Trinity, and one in Unity; I praise thee, I worship thee, I glorifie thee, I give thanks unto thee for thy merciful goodness, which wouldest that I being in darkness of errour and ignorance, should be made partaker of thy grace and mercy: I beseech thee most gracious and blessed Trinity, forgive me my sins, have mercy upon me, bring to pass the work of thy merciful goodness begun in me, and lead me in all piety and goodness. O cause me alwayes to think, speak and do those things which shall be acceptable in thy sight, that after this life I may have the fruition of the Deity that liveth and reigneth, in perfect Union, world without end, *Amen*,

A Prayer for a Woman with child, for Deliverance, and for forgiveneſs of ſins.

ALmighty and Merciful Father, which of thy gracious goodneſs, haſt created me a reaſonable creature, and of thy bountiful goodneſs, haſt fructified my womb; I moſt heartily thank thee for this gracious gift, and for that thou haſt alwaies preſerved me from all perils of body and ſoul, and haſt ſo moderated all my pains, pinches, throws, and pangs, that I have hitherto right well endured them: keep me (I beſeech thee) from all peril and danger, and at the appointed time ſafely deliver me. Thou haſt commanded us to call on thee in our troubles, promiſing to hear us, and ſend us deliverance, ſaying, I am with you in your troubles, and ſtill deliver you. O moſt comfortable Lord, who art more ready to help, than we to call for help, more

ready

ready to give grace, than we to ask for it: I therefore sue unto thee, and call upon thee faithfully, and say; O Father of mercy, and God of all consolation and comfort, I thy poor handmaid, humbly beseech thee for Jesus Christ his sake, and in his blessed and Holy Name, that thou wilt vouchsafe to forgive me all my sins and offences, wherewith I have offended thy Godly Majesty, in thought, delight, word or deed: mercifully preserve me from henceforth, during my whole life, from transgressing thy commandments: daily increase in me perfect repentance for my sins, and a sure purpose of a mendment of my life, and a diligent study to walk in thy Commandments; increase in me also a lively Faith, a sure hope: ingraft in me humbleness of heart, meekness of mind, and cleanness of conscience. Grant me that I may be wise, sad, sober, discreet, circum-

spect, and well advised in all my sayings: that I may strongly overcome all the Temptations of the Devil, the world, and the flesh, and whether I awake or sleep, eat or drink, live or die, or whatsoever I do, I may do all to thy honour and glory. Grant me, O Lord, that I may fear and dread thee, and that I may faithfully love my Husband, and be obedient to his honest requests. And for the deliverance of this burthen, and thy gracious gift, I am assured that unless thou prosper my travel, all womens help and Physick is in vain: therefore I beseech thee, that like as thou hast created this Child in me, and breathed into it the breath of life, so at such time, as shall seem good to thy Godly Majesty, thou wilt prosper the birth and deliverance. I humbly beseech thee of thy Fatherly pity to strengthen me in this my dangerous labour and

travel, and ſo ſuſtain me that I may patiently bear all my pains, and pangs, and ſuffer them not to be above my ſtrength; and in the midſt all my pains ſo comfort me, that I may be able to bear them. Increaſe my Faith, O moſt merciful Saviour, and in the dangerous time of travel, grant me, I beſeech thee ſpeedy deliverance, and joyful beholding of my Child, that I being a worthy Mother, may render unto thy honour, praiſe, laud, and thanks, for thy abundant mercy and gracious benefits: and above all things I beſeech thee endue my Child with grace, that it may be one of the number of thy Elect, baptized, and regenerate in the Holy Ghoſt: and that it may at the years of diſcretion learn to know thee, truſt ſurely in thy mercy, heartily love thee, fear to offend thee, obey thy commandments, and attain everlaſting joy and felicity, through our Lord

Jeſus Chriſt, who liveth and reigneth with thee and the Holy Ghoſt, world without end, *Amen.*

A prayer for thanksgiving, for a woman after ſhe is delivered with Child.

O Moſt high, mighty, and eternal God, I give all laud and praiſe unto thy Holy Name, I magnifie thy might, and marvellous works, I render unto thee the ſacrifice of my thankful heart and unfeigned lips; for that it hath pleaſed thee of thy great goodneſs, to give unto me thy poor creature, ſo happy, ſafe, and ſpeedy Deliverance from my great danger of Childbirth, and fully reſtored me to my former ſtrength. To thee therefore, O Father, with thy Son Jeſus Chriſt, and the Holy Ghoſt, will I give all thanks and praiſe, and magnifie thy glorious Name, both now and evermore, *Amen.*

A Prayer before the receiving of the Communion.

O Jesus Christ, Holy and eternal God, I, miserable man; and wretched sinner, acknowledge and confess, that I am not worthy the least of all thy mercies, and most unworthy to receive thee under the roof of my Soul, by participating of thy most blessed Body and Blood, for horrible and infinite are the sins wherewith I am defiled: therefore the very entrails of my heart are troubled and bones do shake, because I find my Soul a most unworthy guest for so Heavenly a Supper. But thou camest not to call the righteous, but sinners to repentance: and I know and constantly believe, that notwithstanding my sins, thou canst make me clean, and worthy, and forgive me my sins; and through thy power and mercy I beseech thee, grant thy grace unto me a

sinner that I may worthily approach to this heavenly Sacrament. Give me grace before I presume to come to the receiving hereof, I may examine my self, call my sins to mind, and by unfeigned and hearty repentance return unto thee my Lord: make me with heavy sobs to confess my sins, and pardon all my offences: accept me in thy favour, cleanse me from my wickedness, and forgive me all my sins. Pour into me a true and lively Faith, that I may alwayes trust in thy word (annexed to the Sacrament) which promiseth remission of sins. Also grant that receiving this thy Sacrament, I may put off the old man, which is corrupt, according to the lusts of error, and be renewed in the Spirit of my mind, and put on the new man, which after God is created in righteousness and holiness of truth: and though by nature I cannot live without spots of sins, yet so bless me,

me, that I may never willingly offend thee, but altogether depend upon thy goodness: and as a true penitent sinner, repenting of my sins, I may approach to thy Heavenly Supper. O Christ, which of thy unspeakable love, tookest our flesh upon thee, and didst become a Sacrifice and ransome for all mankind, and ordainest this Sacrament of thy Supper, unto thee do I cry, beseeching thee from the bottom of my heart, that it may please thee to give me grace with an earnest desire, and due reverence to receive thy Supper, and thirstingly to seek for the nourishing of my soul. Lift up my mind, that in fear and trembling, in faith and spiritual comfort, I may approach to the receiving of thy precious Body and blood, stir up in me an unfained desire of this Heavenly food; that from thee the bread of life, and fountain of Salvation, I may receive vital juice, to

the quickning of my Soul. O moſt ſweet bread, heal thou my Soul that I may taſte the ſweetneſs of thy love: heal my infirmities, that I may delight only in thee: let my heart eat thee, and with thy ſweet ſavor repleniſh the bowels of my Soul.

Come into my heart, and purge me from all my ſins: enter into my Soul, heal and ſanctifie me within and without. Grant that I may alwayes worthily receive this bleſſed Sacrament, and memorial of thy death, according to thy holy Ordinance, that it may increaſe in me all goodneſs, Be thou the Buckler and perpetual defence of my ſoul and body, that I may come into thy Kingdom where I ſhall behold thee face to face: whither Lord for thy mercies ſake bring me, *Amen.*

A thanksgiving after the receiving of the Holy Communion.

O Jeſus Chriſt, which haſt vouchſafed ſpiritually to give me

me thoſe holy myſteries of thy body and Blood, mortifie whatſoever is evil in me, and garniſh me with thy graces and vertues: renew my ſpirit, my Soul, and my body with thy excellent grace. Frame me after thy own hearts deſire, and grant that I may think, ſpeak, do and deſire, all things that may pleaſe thee. Purge my conſcience from dead works, to ſerve thee the living God. I thank thee with all reverence of mind, for bidding me, a miſerable ſinner, unto the participation of thy holy ſupper, and the receiving of all cœleſtial riches, whereby thou beſtoweſt, on me particularly, all the merits and the good things, which by thy death thou haſt purchaſed for me, that I may be a partaker and fellow-heir of eternal bleſſedneſs. O ſacred Banquet where my ſoul received ſuch Heavenly dainties to comfort the Soul, and refreſh the inward man! I

humbly beſeech thee by thy moſt ſacred blood ſhed for me, give me grace that participating of this viſible Sacrament, I may find and feel in my heart the inviſible working of thy Heavenly grace, that as this is ſome refreſhing to my body, ſo it may be a ſpiritual Medicine for my Soul. Raiſe up in me by this bleſſed Sacrament, a continual remembrance of thy bitter paſſion, make me retain it my mind, as a ſufficient ranſom of my Redemption: let me never doubt of the forgiveneſs of my ſins; and as often as Satan aſſaileth me with his deadly Temptions, give me grace to run to his Sanctuary, as to ſtrong armour of defence, ſo that no Tribulation, Anguiſh, nor Perſecution, Nakedneſs, Peril, Sword, Life or Death, ſeperate me from Chriſt my head, whereupon, being made faſt by thy Holy Sacrament received, I (as a living Member) depend; and

let

let me know, that I am fed and nouriſhed by thy fleſh and precious blood; that, waſhed therewith, I give not my ſelf hereafter to carnal pleaſures, but live in all ſincerity and truth, as it becomes thoſe that eat of the immaculate Paſchal Lamb. And I beſeech thee by thy bitter death, ſtir up my mind; that by often receiving this thy holy Inſtitution, I may conſider how bitter a death thou didſt ſuffer for me, and how great thy love was that made thee to take ſo ſhameful a death for the Redemption of Mankind: and continually to yield thee hearty thanks for the ſame. O ſweet Jeſus, grant if I ſin through frailty, that I may by and by come unto thee by repentance, and being by this Holy Miſtery faſt linked unto thee, I may receive power and ſtrength from thee to reſiſt ſin: ſuffer me not to be ſeparated from thy Church, but grant that I may be

without fault and commit no sin, but walk worthy this Sacrament, renouncing the Devil, and all Idolatry, Vices and carnal desires. Let me not fear to suffer, and give my life for the glory of thy name, that I be never separated from thee. Give me grace, that laying aside all wrathfulness, maliciousness, and envy, I may forgive every one as thou hast forgiven me. Give me grace that participating of the bread of eternal life, I may be repleniſhed with the fruition of thy bleſſed ſight, in the Cœleſtial Paradiſe for ever. And at my Reſurrection from death, appoint me a place, O merciful Lord, at thy Heavenly Table, where I may taſte the new Wine in the Kingdom of thy Father, abiding with thy Elect Angels, and bleſſed Saints for evermore, *Amen.*

A *Prayer to make ſtrong his Faith againſt temptations*; And may

may be ſaid by a ſick Perſon.

O Lord Jeſu, the only ſtay and defence of my immortal ſtate, my only hope and Salvation, my glory and my triumph: who in the fleſh (which for my ſake thou tookeſt upon thee) didſt ſuffer thy ſelf to be tempted of Satan, and who onely and alone didſt overcome and vanquiſh ſin, death, the World, the Devil, and the Kingdom of Hell for me, and for my behalf; and it is thy pleaſure that I ſhould keep battle with thoſe evils, of purpoſe to reward me with a Crown of glory for it. Give me, I beſeech thee, O Lion moſt victorious, ſtrength againſt the roaring Lion which continually wandreth up and down ſeeking whom he may devour; Thou being the Serpent that was nailed on high, the true giver of health, give unto me thy wiſdom, to withſtand the waiting of the moſt ſubtil

til ſerpent. Thou being a Lamb, as White as ſnow, the vanquiſher of Satans Tyrannie, give unto me (one of thy ſheep) the ſtrength and vertue of thy ſpirit, that through thy force and valour, I may withſtand and overcome all the aſſaults of the Devil, that my Ghoſtly enemy may not glory over me, but that I may conquer him through thee, and give thanks unto thee, which ever helpeſt thoſe that truſt in thee. My Soul, O Lord, longeth for thy ſalvation, and I have a good and ſure hope therein. Oh when wilt thou comfort me, a ſinner, that do give and ſubmit my ſelf full and whole to thy moſt bleſſed will? I commit my ſelf unto thy mercie, therefore I know I ſhall not periſh. I beſeech thee, moſt merciful Lord JeſusChriſt, that thou wilt by thy grace, both now and ever make ſtrong my Soul againſt all temptations, and cover

and

and defend me with the buckler of thy mercies againſt all the aſſaults of the Devil. I acknowledge that in my ſelf there is no hope of Salvation, but the hope, truſt, and confidence of my Salvation, is in thy moſt merciful goodneſs : I have no goodneſs in me, but am full of evill ; yet I truſt, and faithfully believe, that thou wilt make me good : forgive me my ſins, and make me an inheritor of thine everlaſting Kingdome ; O merciful Lord, thou waſt born, thou didſt hunger and thirſt, faſt and pray, thou didſt ſuffer grievous pains, thou gaveſt thy moſt precious body to die, and thy Blood to be ſhed for my ſake ; let theſe things, O moſt merciful Saviour, ſave me : let thy blood cleanſe and waſh the ſpots and foulneſs of my ſins : let thy righteouſneſs cover and hide my unrighteouſneſs : let thy paſſion and blood be a ſatisfaction for my

sins. Take me, O Lord, unto thee, and give me thy grace, that my Faith waver not, but be ever firm and constant: that the hope of thy mercy and life everlasting never decay in me; that charity wax not cold in me; that the weakness of my flesh be not overcome with the fear of death.

And vouchsafe, O Lord, to send me patience and sufferance, that I may stedfastly continue unto the end, and after live with thee in eternal glory, *Amen.*

A Prayer for a sick person.

LAud, honour, and thanks be given to thee, most merciful Lord Jesus Christ, for thy Holy Incarnation, thy pains and bitter Passion. I know thou art my Redeemer and Saviour, I believe thou hast overcome sin, death, hell and the Devil, so as they cannot hurt me.

On

On thee do I build, in thee is my truſt and comfort. O Lord, be propitious and merciful unto me according to thy great mercies. Leave me not, O Lord, in diſtreſs, but deliver me from all evil; ſtrengthen and conduct my Soul in the great journey that it is to go, and through thy mercy forgive me all my ſins, and grant me everlaſting life. I have no merits nor good works, which I may acknowledge before thee, but of evil deeds and ſins I have many: yet I truſt through thy mercy, to be among the number of them that ſhall be ſaved, to whom thou wilt not impute their ſins, but take them to everlaſting life. O moſt merciful God, which according to the multitude of thy mercies doſt put away the ſins of thoſe which truly repent, that thou remembreſt them no more; open thy eyes of mercie, and look upon me thy ſick ſer-

ſervant; and pardon and forgive me, I moſt earneſtly deſire thee, all my ſins. Renew in me moſt loving Father, whatſoever hath been decayed by ſin, by the fraud and malice of the Devil, or by my own carnal will and frailty: preſerve and continue me in the unity, of the Church: conſider my contrition, accept my prayers & tears, aſſwage my pain; as ſhall be ſeen to thee moſt expedient for me: and for that I put my full truſt onely in thy mercy, impute not unto me, I beſeech thee, my former ſins and offences, but pardon and forgive me, and take me unto thy favour through the merits of Jeſus Chriſt. I believe only in thee, and thy incomparable mercy; and this Faith, O Lord, will I die in, keep me that I ſhrink not from thee, through pain, ſmart, impatience, temptation, or any thing elſe, but ſtrengthen and increaſe my Faith, that

Sin,

Sin, Death, Hell, and the Devil hurt me not, for thou art ſtronger and mightier than they, and in thee do I truſt. O pitiful Phyſitian, and healer of Soul and Body, let me not be confounded in ſin, but vouchſafe to caſt thy merciful eyes upon me a poor and ſinful creature, who am bound and captive with ſickneſs: turn my weakneſs to thy glory, and to my health and comfort: and grant that I may, ſo long as I live, with a true and perfect Faith, fight manfully againſt all Temptations of ſin, the fleſh, world, and the Devil, and after this life reign with thee in eternal glory for ever and ever, *Amen.*

A Prayer for a ſinner, to be ſaid at the hour of death.

O Lord Jeſus Chriſt, which art the onely health of all men living, and the everlaſting life of them

them that die in thee: I wretched ſinner, do ſubmit my ſelf wholly unto thy moſt bleſſed Will: and being ſure that the thing cannot periſh which is committed unto thy mercy, willingly now I leave this frail and ſinful fleſh, in ſure hope thou wilt in better wiſe reſtore it to me again at the latter day, in the Reſurrection of the Juſt. I beſeech thee, Lord Jeſus Chriſt, that thou wilt by grace make ſtrong my Soul againſt all temptations, and defend me with the Buckler of thy mercy againſt all the aſſaults of the Devil, I ſee in my ſelf no hope of Salvation, but all my truſt is in thy rich mercie and goodneſs: I have no merit which I may alledge before thee: of ſins and evil deeds, alas, I ſee a great heap; but I truſt through thy mercy to be one of them that ſhall be ſaved, and to whom thou wilt not impute their ſins, but wilt accept

and

and take me for juſt, aud make me an inheritor of everlaſting life. Thou gaveſt thy body to die, and thy blood to be ſhed for my ſins: let that thy blood cleanſe and waſh away all my ſpots, ſins and offences, and be a full ſatisfaction for all my ſins. Let not my Faith waver, but be firm and conſtant in thee, and in the hope of thy mercy, and life everlaſting: and let not the weakneſs of my fleſh be overcome with the fear of death; but grant, O moſt merciful Father, that when death hath ſhut up the eies of my body, my Soul may ſtill behold and look upon thee: and when death hath taken away the uſe of my tongue and ſpeech, my heart may crie and ſay, O Lord into thy hands I give and commend my Soul; and with thy holy Martyr *Stephen*, I may behold thee in Soul, and ſay, Lord Jeſus receive my Soul unto thee, which liveſt and reigneſt

God

God everlasting, with the Father, and the Holy Ghost, *Amen.*

An Exhortation to forsake the world.

TAke, good Christian, the memory of death for thy perpetual Spheer, and unseparable Spouse. Let thy Children by bitter sighs of a sorrowful Soul, possess thy body as thy bondman, fasten thy friendship with thy cœlestial Powers; they will be patrons unto thee in thy final passage: Remember you are in the waining, and the date of your Pilgrimage is well near expired, and now it behooveth you to look toward your Country: your force languisheth, your senses impair, your body droopeth, and on every side the ruinous cottage of your faint and feeble flesh threatneth fall. And having so many harbingers of death, how can you but prepare for so dreadful a stranger? The young may die quickly,

but the old cannot live long : the young man's life by caſualty may be abridged, but the old by no Phyſick can be preſerved. Green years muſt think of the grave, and the thoughts of old age ſhould alwayes dwell in the ſame. Be mindful of things paſſed, careful of things preſent, and provident of things to come. Uſe the Priviledge of nature to the benefit of your Soul : Be wiſe in well-doing, and watchful for your end, ſerve not the world, for it can give you nothing that is good and permanent, but of Pride, Envy, Leachery, Hate, Ire, Malice, Folly, and all evil things infinite ; where man is defiled with ſin, diſquieted with troubles, oppreſſed with labours, vexed with Temptations, overcome with vain delights and pleaſures of the World, and miſerably wrapped in many calamities ; It is Ambaſſadour of the evil, a ſcourge of the good, a Ty-

rant of the vertuous, a breaker of peace, a friend of war, a ſweet of vices, a gall of vertues, a friend of lies, an inventer of novelties, travel to the ignorant, a Hammer for the malicious, a Table of gluttons, a Furnace of concupiſcence, a peril of the heart, a danger of the thoughts, a Sepulcher of the dead, a priſon of the living, a Pit-fall to the rich, a burden to the poor, a houſe of Pilgrims, a den of Theives, a ſlandering of the good, a renowner of the wicked, a deceiver of all. We have no cauſe to love the world; for it gave us an unhappy welcome, a hurtful entertainment, and will abandon us with an unfortunate farewel. Alſo it doth torment us, expel us, and conſume us; and Heaven doth comfort us, keep us, exalt us, rejoyce us, and eternally continue us. You have too long ſown in a field of flint, which could bring forth no-

thing

thing, but a crop of care, and affliction of spirit, rewarding your labours with remorse, and affording for your gain eternal damnage; it is time to leave so unthriving a husbandry, and to sow in Gods field the seeds of repentant sorrow, and water them with the tears of humble contrition, so shall you reap a more beneficial harvest, and gather the fruits of everlasting comfort. Think your *S*pring is spent, your *S*ummer overpast, you are arriv'd at the fall of the Leaf, and Winter-colours have stained your hoary head, Though our loving Lord bear long with offenders, yet he will scourge them, and his patience is only to lend us respite to repent; not leisure to sin. He that's tossed with many *S*torms, and cannot come to his desired Port, maketh little way, but is much tormoiled: so he that passeth many years, and purchaseth

small profit hath a long Being, but a short Life, For Life is more to be measured by vertuous Actions, than number of Dayes. Some men by many dayes procure many Deaths, and others in a short space attain Life everlasting. What is the Body without the Soul, but a corrupt Carkass? And what is the Soul without God, but a Sepulchre of sin? Man was made and sent hither to no other purpose, but only to serve God in this Life, and to enjoy Heaven and Life everlasting in the World to come. If our end be the Kingdome of Heaven, why affect we so much the Earth? If we were made for God, why seek we greedily the favour of worldly men? If our Creation be eternal Salvation, why follow we Vanities, and Temporalities in this life? If our inheritance be to reign as Kings in Heaven, why do

we like *Esau*, sell away our birth right for vanities before we have it? and why live we like servile slaves, in danger to be divided from God and his Angels, from our saviour Christ, and the Communion of saints; from hope of our inheritance, our Cœlestial portion and life everlasting? If God be the Way, the Truth, and the Life, he that goeth without him, strayeth; he that liveth without him, dyeth; and he that is not taught by him, erreth: God is our true and chief life, from whom the revolting is falling, unto whom the returning is rising, in whom the staying is sure standing. God is he from whom to depart, is to die; to whom to repair is to revive, in whom to dwell is to live. Be not you like those that begin not to live till they be ready to die, and then after a foes desert, come to crave of God a friends entertainments,

not in time looking for their Salvation, but living like the three worldly fools: The covetous, as he in the Gospel, who had laid up for many years, and that night had his Soul taken from him: the voluptuous, as *Sardanapalus*, who periſh'd in the midſt of his pleaſures; the proud or fantaſtical, whom the devil overcometh either with vain delights, or pride in themſelves; who diſdains his Superiours, becauſe they are better than himſelf his equals, becauſe they are as good as he; his inferiours, becauſe they are not ſo good as himſelf. Some think to ſnatch Heaven in a moment, which the beſt ſcarce attain'd in many years; and when they have glutted themſelves with worldly delights, they would jump with *Dives* his diet, to *Lazarus* Crown; and from the ſervice of Satan, to the ſolace of a Saint. But be ſure that God is no

penu

nurious of friends, or his Kingdom saleable for the refuse and reversion of their lives, who have sacrificed the principal thereof to his enemies, and their own brutish appetites; then only ceasing to sin, when ability of offending is taken from them: What thanks is it to pardon our Enemies, when we cannot hurt them? To give away our Goods, when we can keep them no longer: To abandon our pleasures, when we can use them no more? To forsake sin, when sin leaveth us? God may be merciful at the last gaspe, but miserable is that man that layeth the Anchor of his eternal wealth or woe, upon so uncertain a point.

The Thief may be saved on the Cross, and Mercy found at the last yet it is scarce credible, that his death should find favour, whose life earneth wrath, or that his re-

pentance ſhould be accepted, that more for fear of Hell, and love of himſelf, than for love of God, or loathſomneſs of ſin, cryeth for mercy: wherefore make no delay, but being near the breaking up of your Mortal Houſe, before extremity, take time to ſatisfie Gods Juſtice. Though you ſuffered the Blade to be blaſted, the Flower to fade, the Fruit to periſh, the Leaves to dry up, the Boughs to wither, and the body of the Tree to grow to decay, yet keep life in the Root, for fear leaſt the whole become fuel for Hell fire: for where the Tree falleth, there it lieth: and ſuch Sap as it bringeth, ſuch fruit ſhall it beare. Imagine that death hath filled from you the better part of natural forces, and leſt you the lees of your dying days: Therefore ranſome your former loſſes. You are impathed in your final voyage, and are not far from the period of

your course; be not therefore dis-purveyed of such things as are needful in so perilous a journey. Men in this life labour much to get worldly things, they do carefully begin them, will procure them, and effectually end them: but of the great affair of winning Heaven, or falling into Hell, there is had no respect; neither do they remember that there is a Hell for sinners, a Heaven for good livers. a dreadful day of judgment, and a most strait account to be made: death it self is very fearful, but much more terrible in regard of the judgment whereunto it summoneth us. If you were laid on your departing bed, wearied and worn with dolour and pain, burthened with the heavy load of your former trespasses, goared with the prick and sting of a festered Conscience; if you felt the force of death, wresting your heart-strings, ready to

make the rueful divorce between body and Soul: if you lay panting for breath, sweating a fatal, faint and mortal sweat, wearied with strugling against deadly pangs; O, how much would you give for a dayes contrition, or an hours repentance! Then worlds would be worthless in respect of a little respite. Nothing would be so much esteem'd as a trice of time, which now by months and years is lavishly mis-pent. O how deeply would it wound your hearts, when looking back into your Life, you found many faults committed, and not repented, many good deeds omitted, and not recovered; your service to God promised, and not performed! How inconsolable were your case; your friends being fled, your senses frighted, your thoughts amazed, your memory decayed, your mind agast, and no part able to perform that

it should, but only your guilty Conscience pestered with sin that would continually accuse you? What would you do when stripped out of Mortal weeds, and turned out of service, and House-room of this world, you are forced to enter into uncouth and strange Pathes, and with an unknown and ugly Company, to be Convented before a most severe Judge, carrying in your own Conscience your indictment ready written, and a perfect Register of all your misdeeds, when you should see our Saviour Christ, (a just and severe Judge, whose Knowledg is Infallible, his Power infringible, his Justice Inflexible (of exceeding dreadful Majesty, Cloathed in Linnen Apparel, through which his Body shineth like Precious Stones, his Eyes like burning Lamps, his Face like flashing Lightning, his Armes and Legs

like inflamed Brass, his Voice as the Shout of a Multitude of people, prepared (for your idle Words, evil Deeds, Time misspent, Talent evil-governed, and for your sin Committed) to pass the Sentence upon you, against whom you had transgressed, and He your Umpire, whom by many offences you had made your Enemy; when you shall see all things cry for Vengeance against you, all things yeild you cause of Fear and Horrour. Above you, the Judge offended with you for your wickedness and Offences: Beneath you, Hell open, and the cruel Fornace ready to receive you: on your right hand, your sins accusing you; on your left hand, the Devil standing ready to execute Gods everlasting Sentence upon you: Within you, your Conscience accusing: Without you

you, damned Souls bewailing; on every ſide the World burning; and you ſtand as a moſt deſperate, forlorn, and miſerable Wretch, to receive the fearful and irrecoverable Sentence? when not onely the Devils, but alſo the Angels ſhall plead againſt you, and your ſelf, maugre your ſelf, be your ſharpeſt appeacher: What would you do in theſe Dreadful Exigents, when you ſaw the ghaſtly Dungeon and huge Gulf of Hell breaking out with moſt fearful Flames? When you ſaw the weeping and gnaſhing of Teeth, the rage of the Helliſh Monſters, the Horrour of the place, the Rigour of the pain, the Terrour of the company, and the eternity of all theſe Puniſhments: where the fire is unquenchable, the pains unſupportable, eaſeleſs, endleſs, and hopeleſs? Our fire

may be endure, that is intollerable: Ours is for comfort, that for Torment: ours must be fed or it goeth out, that burneth continually without feeding; ours giveth Light, that none; ours consumeth the matter, and endeth the pains; that tormenteth, but never Consumeth, to make the pain perpetual: Our Fire will be extinguished with Water, or cooled with Air; but nothing can extinct it, abate it, or quallifie it: Ours is but painted in regard of that. There idle Persons shall be pricked with burning Forks: Gluttons tormented with Hunger and Thirst; Epicures and Voluptuous Persons shall boyl in burning Pitch and stincking Brimstone: The Proud shall have shame, the Covetous miserable Penury, where there is no rest nor Comfort: The Poor and Meek shall Triumph;

and

and the Proud shake: then shall the wicked sigh, and the Memory of Misery be sweet: the Godly shall rejoyce, the Reprobate Howl: Then shall base Apparel be glorious, and proud Attire infamous: The Poor Cottage shall be no more commended than the gilded Palace Praised, simple Obedience shall be better than subtilty, and a clear Conscience more pleasant than profound Philosophy, Zealous prayers shall be of more worth than fine Tales, good Works more accepted than sweet Words.

Would you then think them wise that delay so weighty matters, and idlely play away the time allotted to prevent these intolerable Calamities? would you then account it secure to Nurse in your Bosome so many Serpents as sins? or to foster in your Soul so many malicious Accusers, as

Mor-

Mortal faults? Would you not think one Life too little to make Repentance for so many iniquities, the least whereof is enough to cast you into Everlasting and unspeakable Torments? On your Bodies, you shall experience those deadly Agonies, in your Soules you shall find those terrible feares; and in that present estate the deepest danger, if you do not the sooner return unto God. Then devote the Remnant of your dayes to make an Attonement with God, and to free your Consciences from Corruption, as by sin you are fallen into: What have you gotten by being so long a Customer unto the world, but false Ware sutable to such a Merchants shop, whose Traffique is Toyl, Wealth, Trash; and Gain, Misery? What interest have you reaped, that may equal your Demerits in

Grace

Grace and vertue? Or what in a vale of Tears can you find pa-rageable to the favour of God? Let not your youthful Passions de-lude you, for Time tries them Fol-lies; Let not fear mislead you, for there is more Cause to fear God than man, and to stand in awe more of perpetual than temporary Punishments. Who would venture eternal Affairs upon the gilding slipperiness of uncertain life? O who but one of distempered wit, would offer fraud to the decy-pherer of all Thoughts; With whom we may dissemble to our cost, but to deceive him it is im-possible? Will you account it cunning to rob the Time from him, and bestow it upon his Ene-mies, who keepeth tale of the least minutes of our Life, and will examine, in the end, how each moment hath been employed? It is prepostcrous Policy to

fight

fight againſt God, untill our weapons be blunted, our forces conſumed, our Limbs impotent, our breath ſpent; and when we are fallen for faintneſs, and fought our ſelves almoſt dead, to preſume of his Mercy, whom we have ſo much offended.

It were a ſtrange and exorbitant courſe, while the Ship is ſound, the Pilot well, the Sailers ſtrong, the Gale favourable. and the Sea Calm to lye idle at Road, loſing ſo ſeaſonable VVeather: and when the ſhip leaketh, the Pilot ſick, the Mariners faint, the Stormes boyſterous; and the Sea turmoiled with outragious ſurges, then to lanch forth, hoiſt ſail, and ſet out for a fair Voyage: Such are our Evening Repenters, who in the ſoundneſs of Health and perfect uſe of reaſon, cannot reſolve to cut the Cables, and weigh the Anchors, that

that hold them from God, but when their ſenſes are aſtonied, their wits deſtracted, their underſtanding dulled, and both body and Mind tormented with Gripes of Mortal Sickneſs, then will they think of theſe weightieſt matters, and become ſudden Saints, that are ſcarce like Reaſonable Creatures.

How can one animated with inward Garboiles of unſettled Conſcience, diſtained with fits of dying fleſh, maimed in all his abilities, and Circled with ſo many ſtrange Incumbrances, be fit to diſpoſe of his chiefeſt Jewel, his Soul: And to diſpatch the whole manage of all Eternity and Treaſure of Heaven, in ſo ſhort a ſpur? They that will loyter in Seed-time, and begin to *Sow* when others Reap, They that will Riot in Health, and caſt their Accounts when they cannot ſpeak:

ſpeak : They that will ſleep in the Day, and journey in the Night; let them blame their own Folly, if they dye in debt, and fall headlong into Eternal Perdition.

Let the Grief of your Sore be the Meaſure of your Sorrow. Let a deep Wound have a Diligent Cure; Let their Contrition be according to their Crime, and their Repentance like their Sins. We muſt paſs the Day in Mourning, the night in watching and weeping, our whole time in Doleful Lamenting; fall proſtrate on the ground, humbling our ſelves in Sack-cloth and Aſhes. Not every ſhort ſigh will be a ſufficient ſatisfaction; not every Knock a Warrant to get in : Many cry Lord, Lord, and are not accepted. The Fooliſh Virgins knock'd but were not admitted : *Judas* had ſorrow, yet died deſperate : Linger not off thy Converſion

from

from day to day, for ſuddenly will his Wrath come and deſtroy thee.

Let no man ſojourn long in ſinful ſecurity, nor put over his Repentance till fear enforce him to it: Let us frame our beginning as we mean to end, and endeavour to live as we deſire to die. ſhall we offer the main Crop to the Devil, and leave God the Gleaning? ſhall we gorge the Devil with our faireſt Fruits, and turn God to feed on the ſcraps of his leavings? If Hell-Fire were prepared for the Devil, and the Kingdome of Heaven for Man; let us then provide for our ſelves, and not loſe our Inheritance by perſiſting in ſin.

So long as we live, it is poſſible by unfeigned Repentance, to waſh away all our ſins, how great ſoever: but when we are dead, albeit our teeth do gnaſh, our mouth

cry

out, our eyes gush forth tears, and our hearts from the bottom of them, lament with innumerable complaints, it shall not avail us; no man shall hear us, no man shall assist us, not so much as comfort us; then shalt thou find that thou hast lost all thy labour and time, and all opportunities for thine own Commodity: Thou shalt then find thy errour unrecoverable, thy punishments unsupportable, thy Repentance unprofitable, and thy grief, sorrow and calamity inconsolable.

O that we would suffer the Soul (as she should) to have the Soveraignty, and the body follow the sway of her directions, and not let servile senses, and lawless appetites rule her as superiours, and make her a Vassal in her own Dominions; not suffer her to be misled by her three Suiters? The *world*, which promiseth all fair things

and

and beautiful, but will serve you as *Laban* did *Jacob*, who promised him fair *Rachel* for his Service, but deceived him with Blear-ey'd *Leah*: the *Flesh*, who pretendeth nothing but love unto her, but if he over-come her, it will betray her to her Enemy, as *Dalilah* did *Sampson* unto the *Philistines*: the *Devil*, who will promise her all the world as he did Christ, but if he win her, he will devour and torment her. Dost thou not desire to have all things good, as good Houses, good Furniture, good Apparel, good Fare, good Cattle? yea, and thy Hose and Shooes good; Only thy poor Soul, thy principal Charge (and of all things worthy to be the best) thou art content shall be the worst, and lie Cankring and Rusting in all kind of evils: O unspeakable blindness, that refuse to wear an evil Shooe, and do not care

to carry an ugly and deformed soul! Alas! Let us not set so little by that which God prizeth so much, nor rate our soul at so base a penny-worth, being of so peerless dignity.

If the soul be so inestimable, that not all the Gold and Treasure, nor any thing of less Price than the Blood and Life of Almighty God was able to buy it: If not all the Dainties that Heaven and Earth could afford, but only God's own precious Body was deemed a Repast fit to feed it: If not all the Creatures of this, or Millions of new worlds, if they were but onely the Illimitable Goodness and Majesty of God, can satisfie the desire, or fill the Compass and Capacity of it; (for who is so insensible, that findeth not the Insatiety of his soul?) who but of perverse will, incredulous mind, or pitiless Spi-

rit,

rit, would set more by the world, than his Souls health? Or suffer so noble a Paragon, so many Moneths and years to lie channelled in Ordure, and Mired in all sin? We will seek a Physitian for our sick Servant, have a Leech for our diseased Horse, and mend our torn Garment; and yet we suffer our souls to die for want of Cure; and seeing it mangled with many Vices, never seek to restore it to the wonted Integrity. Is our servant more near, our Beast more precious, or our Coat more dear than our own soul? We live like Epicures, we sin like Athcists, we struggle and strive against Gods Callings, and like violent Rebels, scorn his Commandments; and with daily and damnable Wounds barbarously stab our unfortunate souls: This we account no contumely, reckon it no discredit,

but

but rather Regiſter it for our cheifeſt praiſe. How long wilt thou thus follow vanities and ſins, running careleſly and wilfully inro thine own ruine? Dare you not ſuffer a *Spider* or a Toad to come near you, and can you neſtle in your *Soul* ſo many Vipers as Vices, and permit it to be ſo long chewed; and wearied with the poyſoned Jawes and Tusks of the devil? Is our *Soul* ſo vain a ſubſtance to be had in ſo little eſteem? did Chriſt become a wandring PILGRIM, exiling himſelf from the Comfort of his God-head, and paſſing thirty three years in pain and penury for our *Souls*? He ſuffered the Tragedy of his paſſion, bloodily inflicted, and patiently accepted; he made his Body as a Cloud to diſſolve into ſhowers of innocent Blood, and ſuffered the deareſt Veins of his Heart to be launced

launced, to give a full price for our Souls Redemption, if Chriſt did Redeem us with ſo exceſſive a Ranſom, why ſell we our Souls to the Devil for every vain delight, and ſilly pittance of worldly pelf? O that a Creature of ſo incomparable a price ſhould be in the demain of ſo unnatural keepers: And that which is in it ſelf ſo Gracious and Amiable, that the Angels and Saints delight to behold it, ſhould by ſin be made ſo loathſome, as to become a horror to Heaven, and ſuitly Pheer for the fouleſt fiends? We muſt remember, our Soul is not only a part of us, and the moſt principal, but alſo the Temple, the Paradiſe, and Spouſe of almighty God, by him in Baptiſm garniſhed, ſtored, and endowed with moſt Gracious Ornaments, How will he take it to ſee his Temple prophaned, and turned to a Den of Devils? His Paradiſe diſplanted, and made a Wilderneſs

of Serpents? His Spouſe defloured, and become an Adultereſs to his Enemies; Durſt we offer ſuch uſage to our Princes? Would not the fear of the Law, and popular ſhame keep us from it; And ſhall not the Reverend Majeſty of Almighty God, and the unrebated Juſtice of his angry Sword terrifie us from offering the like to his own Spouſe? Will he that keepeth account of our very hairs, ſee himſelf ſo much wronged in the Principal, and paſs it unpuniſhed? Remember, it is a thing full of horrour to fall into the hands of God, who is able to cruſh the Proud Spirits of the Obſtinate, and make his Enemies his Footſtool. Wreſtle not againſt the cryes of your own Conſciences, but live ſo, as he may willingly go with you, and before the Throne of God anſwer for you.

There was a man had three friends; two whereof he loved moſt intirely, the third he made no great account

of:

of: This man being sent for to come before his King, came and desired his first friend to go with him; but he would not go with him, but brought him part of his way: He went to the second friend, and desired him to go with him, but he could not, but gave him something for a Remembrance: He went unto the third friend, of whom he made no account or reckoning, and he went with him to the King, and answered for him in all matters whatsoever.

So man in this world being sent for by Death, comes to his wife, children, or friends to go with him, but they will not, but bring him to his Grave, then he desires his Goods and Substance to go along with him; they cannot, yet they can give him a Sheet: But his Conscience will go with him, and answer for him before the Throne of God. Have therefore a care to keep a good Conscience.

ence, and provide aforehand, as this King, of whom I tell you, did.

There was a Country where the Commons chose their King; and again at their pleasure banished him into a far Country, almost naked. One more wise than others, as soon as he was chosen King, he sent daily and continually something into the other Country: so when his own people banished him from them, he was (having made a good preparation before) most Princely and Royally received there.

So let us provide in this world, that we may be joyfully received into Heaven: If you would avoid vain Pleasures, cast away worldly cares, think on Cœlestial things, regard your Salvation, and now in life lay up Treasure in Heaven, and provide to be received into everlasting joy, what a quiet Conscience should you have? what a joy should you feel in your Soul? Set then your

mind

mind on God, account your ſelf a Pilgrim on Earth, leave the Affairs of the world, for this is no abiding place. For ſmall wages men run far, for a little Money men ſhamefully contend, and weary themſelves night and day, and for mean profit labour long: but for Eternal Life, goods immutable, reward ineſtimable, honour endleſs, and immortal glory, few will take any pains, or ſtep out of doors; God is the way inviolable, wherein we muſt walk; the truth infallible whereunto we muſt truſt; and the life Everlaſting wherein we muſt hope; therefore embrace Mercy before the time of rigor, and return by Repentance, leaſt he bar you his Kingdom: you have been too long in the Tabernacle of Sinners, and ſtrayed too far from the fold of Gods flock; turn the biaſs of your heart to the City of Refuge, and your Salvation: recompenſe your ſteps,

trodden in folly, with a zealous progreſs to Chriſtian Profeſſion. Your Spring-tide is fallen, the ſtream of your life runneth at a low Ebb; your tired Ships begin to Leak, and grate on the Gravel of your Grave; it is high time to ſtrike Sail, and put into Harbour, leſt ſome ſudden Guſt, and the wicked weather of this time, daſh you on the Rocks of eternal Ruin: tender the pitiful eſtate of your own Soul, and be hereafter fearful of Hell, and more eager of Heaven, than of worldly repoſe. I muſt conclude, unleſs I be too tedious, in a matter that deſerves to be endleſs, for the miſery of the ſoul is ſo great if it fall, the reward is ſo exceſſive if it ſtand, the enemy ſo malicious that aſſaults it, the Judge ſo juſt that muſt proceed upon it, that to raiſe it from the lapſe, and to preſerve it from recidivation, no number of helps can be more than needfull, nor any perſwaſion more ve-

vehement, than necessary.

However therefore the soft gale of your morning pleasures lulled you in slumbering fits; howsoever the violent heat of noon might stir up your affections: yet in the cool and calm of the evening, retire to a Christian rest, and close up the day of your life with a clear Sun set that leaving all darkness behind you, and carrying in your conscience the light of grace, you may escape the horrour of an eternal night, and pass from a mortal day to an everlasting morrow: which the Lord grant for Jesus Christ his sake, *Amen.*

MAN was made to die, begotten to die, born to die, and came into the world to die, and none ought to deſire to live. Nothing is more ſure than Death; nothing more uncertain than when, where, or how: None have reaſon to regard the world, wherein we have nothing good and permanent, but a vale of vanity and vexation of mind, (*quia nemo ſuâ ſorte contentus*) no man is content with his own eſtate. It is a vital Labyrinth, and confuſed Chaos, affording us nothing but fraud, folly, and fleſhly ſenſuality. All things in it offend us: the Fire burns us, the water drowns us, the Heat grieves us, the Cold hurts us: the Day is toilſome, the Night uncomfortable,

and

and we can endure no dolorous thing; ſo the time we live in this world cannot be accounted Life, but a living Death. Our wretched remaining here is ſuch, that our time daily diminiſheth, and our troubles increaſe. All that have been born, are born, or ſhall be born, are in this life miſerable; all croſt with cares, ſome with loſs of Friends, ſome of Children, ſome of goods, ſome oppreſt with foes, ſome abuſed with backbiters and ſlanderers, their credits blemiſhed, their reputation ſcandalized, and ſubſtance conſumed, and there is none but are with ſomething diſturbed. There is no calling ſo holy, nor place ſo ſolitary, but you ſhall find there troubles to try you, and adverſity to diſquiet you. So there is no man from the King in his Throne, to the captive in chains, but doth taſte of miſery, and many diſcontents. Who therefore (to free himſelf from worldly ſorrows),

would fear, but rather desire death, which makes us happy? for thereby we avoid the intolerable troubles on the Earth, and enjoy perpetual bliss in Heaven. Since then Death is the end of misery, who would desire to live ever in labours and perils? death is nothing but a severing the soul from the Body, and freeing it from the servile bonds of the vain flesh, and removing us from evil to good. Death is but the passing from the vale of tears, to the place of all happy beatitude in the Cœlestial Mansion, accompanied with Holy Saints and Heavenly associates; it is no losing, but a changing a bad place for a better: which every one ought to desire.

Priamus was blest with the Kingdom of the famous City of *Troy*, a good wife, and fifty Children, and had what Joyes might be desired, yet he saw his wife and children slain, his City sack'd, and himself was killed

led at *Jove's* Altar: How happy had it been if he had died before thoſe dayes; for in lieu of worldly troubles, he had reaped Eternal Glory! Good men ſhould imitate the Swan, *Apollo's* Bird, which in the world ever mourneth; but, when it is ~~when it is~~ ready to die, as knowing the goodneſs of death, it ſingeth. As in ſleep our Body is free from labour ſo our Soul by death is delivered from all dolours. It is therefore good to die, but many doleful dayes do we endure before we find that happy hour wherein we ſhall enjoy all perpetual Pleaſure. Wiſemen ſhould not fear Death: for nothing is better than Death: no life can be long, and it is often by caſualty abridged. What more pleaſing thing can there be than *Death*; It doth wholly diſburthen us of all care, all grief, or ſolicitude, all ſorrow; freeth us from all vexation whatſoever. The dead reſt in a ſure Haven, and we

living, ſail in a raging Sea. The good dieth not, but liveth, and the evil living, dieth; and, as the Heathen Philoſopher ſaid, all thoſe that live purely and juſtly, and not contaminate themſelves with ſin, are either made gods, or go eaſily to the gods. The dead have reſt in Heaven, and with the living have pain and trouble in the world. It is therefore a joy to die, to be delivered from the thraldom of this ſorrowful Life; for they have all the pleaſure that may be invented that are out of this woful world. Being here we muſt die, and being in Heaven, we live eternally; there is no pain but pleaſure, no ſorrow but ſolace, no ſighing, but ſinging, no fear of Death, but ſure of everlaſting life, ever enjoying ſuch ineſtimable joys as no eye hath ſeen, or ear heard, or heart comprehended. In this life we know not what glory meaneth, and after death we ſhall not know what pains are. God knows thoſe

that

that ſerve Him, thoſe that offend Him, thoſe that love Him, thoſe that hate Him, thoſe that praiſe Him, thoſe that blaſpheme him, thoſe that thank Him, thoſe that are unthankful; and is better pleaſed with Obedience, than Sacrifice. There is nothing ſo good as the end of this life, for Death is the true refuge, the perfect health, the ſure Haven, the full victory, and final finiſhing of all terreſtrial troubles. It is a thing inheritable, an eternal ſleep, a diſſolution of the body, a terrour of the Rich, a deſire of the poor: a Pilgrimage uncertain, a Thief of men, a ſhadow of life, a Sepulchre of the living, a companion of the Dead, a diſſolution of all: the reſt of travels, the end of idle deſires and vain delights, the ſcourge of evil, the reward of the good, the final end of all fleſh; of all thoſe infinite numbers that are dead, none ever returned to complain of death, and

of thoſe few that live, moſt complain of Life. There is no King, Prince, Poor, Sick, or whole, nor any vocation contented; but the dead in their Graves are in peace and reſt: and though we have ſorrow and vexation of life, yet we ſhall have joy and conſolation after death.

O happy are they that die well! For it is leſs evil to ſuffer a ſpeedy death, than to endure a diſcontented Life: for by death we are freed from mundane Travels, and enjoy Heavenly pleaſures. There is nothing in this life worthy of love, nor any thing in death we need to fear. As all things before the firſt day were eternal, without day or year; ſo all things ſhall be eternal after the judgment: As we had nothing before our birth, ſo we ſhall poſſeſs nothing after our death. What blindneſs is it then to love any thing in this life, ſeeing we can carry nothing with us at our death? *Callimachus* living in

all

all delight, and reading *Plato*'s Book againſt death, caſt himſelf into the Sea. *Cirenio* read ſuch Leſſons to deſpiſe death, that many of his hearers (being Heathens) killed themſelves. *Diogenes* deſired to die, but cared not for burial. *Lampaſcus* dying, was demanded where he would be buried, he anſwered, where they would: for the way to Heaven was every where. *Thezamius* died with a worthy mind; for being commanded to death by Thirty Tyrants, he took the poiſoned Cup, and thirſtingly drank it off; and then laughing at them for ſo pleaſuring him, ſaid, they made him happy by putting him to death; with the like mind died the worthy *Gracchus*. So died the famous *Spartane*, and greatly rejoyced he ſhould be diſſolved from the bondage of the world. VVhen it was told *Lucius*, his Son was ſlain at the wars, he rejoycing ſaid, To that purpoſe I begot him. The like anſwer

ſwer made the *Roman Matron*, when ſhe heard her Sons were ſlain: ſhe not ſorrowing, ſaid, I am glad I bore them to die ſo worthily for their Country.

Creſphontus ran to his death, to deliver his Country: *Curtius* leapt into the gulf to preſerve *Rome*: *Scævola* loſt his hand, to ſave the City: *Menecus* killed himſelf to free his Native Soil: ſo did *Harmitus*, *Codrus*, *Ariſtogiton*, *Epaminondas*, and divers others. The Temple at *Delphos*, where the Oracle of *Apollo* was, for want of reparation fell down to the ground; then *Triphon*, and *Agamedo*, two noble perſons of *Greece*, wiſe and rich, as well with the labor of their perſons, as great expence of their goods, built the Temple again; when it was fully finiſhed, *Apollo* ſaid to them, He well remembered their good ſervice, any willed them to demand anything in reward thereof, and it ſhould be granted:

They

They said, Miserable man hath not power to eschew the evil, or chuse the good, and therefore they desired him to give them the best thing might be given to man, and most profitable for man. Apollo said, they should have their demands; then they at the Gates of the Temple fell down dead: so the reward of their travels was to take them out of the misery of this life.

St. Edward King of *England*, much reverenced *St. John*, and one day coming from *Westminster* from Service, a poor man came to him, and desired him for *St. Johns* sake to give him something: the King gave to him his Ring off his finger: within few days after, two Pilgrims came from *Jerusalem*, within two miles of it, met a poor man who asked them what Country men they were, they said *English men*; he then said to them when you come home, I pray you tell King *Edward*, tha *St. John* doth

doth thank him for the Ring he gave for his ſake: and gave them a Ring, and deſired them to deliver it unto the King and tell him, that St. *John* ſent it him; and the richeſt gift that could be given to man, that is, the twelfth day after the receipt thereof, he ſhould be in Heaven. The Pilgrims received the Ring and departed: by and by they were ſo heavy, they were inforced to lie down and ſleep: when as they awaked, they found themſelves in another Country, and demanding of a Shepherd where they were, found they were in *Kent* in *England*; then they went to the King, being Chriſtmas Even, and delivered the King the Ring and the Meſſage, which the King received, fell ſick on St. *John's* day, and died on twelf day.

The *Greeks* had a cuſtom, that when they offered any Sacrifice, the Prieſts and Officers of the Temple were carried; for if their feet touch-

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ed the ground, they might not offer Sacrifice. It chanced that a holy Nun, of the Goddeſs *Juno*, going in her Chariot to the Temple, the beaſts that drew it dyed, when ſhe was ten miles from the Temple, which her two Sons, *Cleobis* and *Bitton* ſeeing, and knowing that their Mother muſt not go on foot, and that there were no other Beaſts to be gotten, yoked themſelves and drew the Chariot with their Mother to the Temple: every one praiſed them greatly for it, and ſaid they deſerved to be recompenſed with great rewards. After the Feaſt ended, their Mother deſiring to requite their kindneſs, with tears beſought the Goddeſs *Juno*, to give her Children the beſt gifts the gods could give to their Friends; which the Goddeſs promiſed ſhe would do before the next morning: They going to ſleep at night, were the next morning, both found dead: then their

their mother bitterly wept, and complained of the Goddeſs? the Goddeſs ſaid, ſhe had no cauſe to complain, for ſhe had given her that ſhe did demand, and I have at thy inſtance given thy Children (quoth ſhe) that which we hold moſt dear, which is Death: For the greateſt revenge we take of our Enemies, is to let them live long. and the beſt thing we can give to our Friends, is to make them dy quickly. For all of us together taught King *Midas*, *Optimum eſt homini, aut non omnino naſci, aut quamprimum mori*: it is the beſt thing for man, either never to be born, or to dye very ſoon. We are here ſtrangers, and incloſed as priſoners in a Caſtle; but by Death we ſhall be freely delivered from the thraldome, and go to our own Country. Seeing then Death is the beſt thing that can be given to man, let us have a care to crave it, and live godlily and vertuouſly, that we may joyfully

joyfully have it to free us from this place of imprisonment, and seat us in our everlasting and Heavenly Habitations; whither good Lord bring us all *Amen.*

FINIS.